

August 2022

Visit us online at [3ABN.tv](http://3ABN.tv)

# 3ABN WORLD MAGAZINE



*Transforming* **POWER**  
*3ABN LATINO CELEBRATES 19 YEARS*

PG 4

SERVICE GLADLY RENDERED PG 6

NEWS & EVENTS  
**4** *Transforming Power*  
3ABN Latino celebrates 19 years

SPECIAL FEATURE  
**6** *Service Gladly Rendered*  
Our Call Center is ready to help you

**8** 3ABN TV SCHEDULE

CHANGED LIVES  
**12** *Faithful*  
A young athlete honors the Sabbath

HOW CAN I HELP?  
**14** *Join the Team!*  
Supporting evangelism is easy

3ABN RECIPES  
**15** *Incredible Carrot Dog*  
By Melody Caviness



Vol. 17 #204  
August 2022

Executive Editor: Jill Morikone  
Managing Editor: Bobby Davis  
Creative Director: Adam Dean  
Graphic Designers: Janelle Owen, Svetlana Christian  
Photographer: Svetlana Christian  
Proofreaders: Lynette Jaque, Valerie Morikone, Kiersten Polling, J.D. Quinn

3ABN World is a monthly publication. Subscriptions are free and available in the United States. Overseas subscriptions by request. ISSN 1552-4140

**Subscriptions & Feedback**

To subscribe, change your subscription, or send us feedback, please contact us in the following ways:

**By phone:** 618-627-4651 Sun–Fri 8:00 a.m.–11:00 p.m. (CT)

**By mail:** 3ABN Call Center / Attn: Subscriber Services / Feedback, P.O. Box 220, West Frankfort, IL 62896-0220

**By email:** 3abnworld@3abn.org or online at 3ABN.tv

Copyright © 2022, Three Angels Broadcasting Network, Inc. Three Angels Broadcasting Network (3ABN) is a 501(c)(3) nonprofit company. 3ABN is not owned by any person or organization, but is governed, instead, by a board of directors who work very hard behind the scenes to ensure we stay true to our mission and reach people of all cultures and backgrounds. The biblical truths presented on 3ABN are consistent with the teachings of the Seventh-day Adventist Church. All donations are tax-deductible in the United States. Scripture is taken from the New King James Version® unless otherwise noted. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved. All photos courtesy of Shutterstock.com unless otherwise noted. Cover Image: Svetlana Christian

618-627-4651      
3ABN.TV | 3ABNSTORE.COM

PRESIDENT'S LETTER | Greg Morikone



Dear 3ABN Family,

Once I reached my mid 40s, I noticed I couldn't focus easily on the small print in my little Bible. Things up close just weren't in focus anymore. One solution would be to have longer arms so I could hold my book or item farther away, bringing it into focus 😊; but that didn't seem to be an option for me. So what was my solution? I went to the eye doctor. And the diagnosis? Age is catching up with my eyes.


My doctor told me I needed reading glasses to bring things into focus—and wow, what a blessing to see things clearly again! However, my problem is I don't wear those glasses much, so fine print is still blurry!

*How is your spiritual focus?* Every day we're bombarded by the world and its distractions, pulling our focus away from Jesus and His Word. Hebrews 12:2 gives us great counsel, "Looking unto Jesus, the author and finisher of our faith..." I have found that in order to stay focused on Jesus, I must spend time every day in prayer and reading His Word. Just like wearing those glasses—that do me no good while they're sitting in my desk drawer—the Bible cannot help us unless we open it and let the Lord speak to us through His Word.



Because of you, 3ABN is able to broadcast to the world and refocus each viewer and listener on Jesus, our Savior and Redeemer. We thank the Lord each day for you, and your prayerful support of this ministry.

Greg Morikone  
3ABN President

**3ABN**   
STREAM. STUDY. SHARE.

**Have you checked out our app?**

- Livestream all of 3ABN's TV and radio networks
- No commercials
- Over 2,500 programs on-demand
- Search by topic, presenter, or title
- Watch it all *with or without* a free account
- Save programs to your Favorites list
- Download programs to watch offline
- Download study guides, recipes, and more

Register for free at [3ABNPlus.tv](https://3ABNPlus.tv)





# Transforming POWER

## 3ABN LATINO CELEBRATES 19 YEARS

by John Dinzey

August 14, 2022, marks 19 years the Lord has used 3ABN Latino to bring the undiluted three angels' messages to the Spanish-speaking people of the world; and as we look back, we can say, "What a marvelous and caring God we serve!"

### MINISTERING TO ALL

Our 3ABN Latino team is composed of a small group of people the Lord has brought together to do something beyond our capacity to comprehend—namely, to make a difference in the lives of over 500 million Spanish-speaking people all over the world! I'm grateful and blessed to be able to work with my wife Idalia who serves the Lord as an administrative assistant, producer, and program host. We're also blessed to work with our production

manager, Pastor José Del Valle; our video editing supervisor, Andrés Iglesias; and his wife Ana, our production coordinator. Chaplain Hernell Hernandez is our Cuban representative, Sindy Lopez is our second editor, Clotty Cruz is our Call Center representative, and her son Jhovoy is working in 3ABN Latino Radio this summer. I also want to extend my heartfelt gratitude to 3ABN's Production, Engineering, Call Center, Publishing, Radio, Master Control, and Programming Departments who help us reach people we may never meet with the gospel of Jesus Christ.

As I consider how God uses 3ABN Latino to transform lives, I think of what my wife often says: "We come to work at 3ABN to minister to others, but God uses 3ABN to minister to us." When I came here, I had no idea that someday God would not only bring 3ABN to my native country of Dominican Republic, but to the very homes of my mother, sister, aunts, uncles, and cousins—some of whom I haven't even met. Today, they tell me our programming has helped to draw them closer to the Lord during difficult times.

### A TRANSFORMED LIFE

I've often heard stories from our viewers of how God has used 3ABN Latino to reach their families. This summer, while attending the General Conference Session

Cover photo: Front row (L to R): Idalia Dinzey, John Dinzey, José Del Valle.  
Back row (L to R): Hernell Hernandez, Andrés Iglesias, Ana Salgas, Sindy Lopez, Clotty Cruz, Jhovoy Gonzalez.

of the Seventh-day Adventist Church, I met Pastor Valdemar Torres, President of the Gulf Mexican Conference. He surprised me by saying that before he gave his heart to the Lord, he was a regional distribution director for one of the largest beer companies in Mexico. His mother was a Seventh-day Adventist, but his father was not. In fact, his father was very happy that Valdemar was working for that beer company, because he got a card that allowed him to drink as much free beer as he wanted in his son's region!

Pastor Torres told me that for years, he'd tried to convince his mother to stop following Jesus and leave her church, but realizing his arguments weren't working, he began reading the Bible to find something wrong with her beliefs. However, he didn't realize that God heard his mother's prayers, so the more he read the Bible, the more convinced he became that he should give his heart to Jesus! His life was transformed, and he was baptized—which shocked and infuriated his father, especially when he lost his card to drink all the free beer he wanted!

Eventually, Valdemar felt the Lord's calling to become a pastor. This further

shocked and upset his father, who continued for several years to try to convince them both to leave their church. Meanwhile, Pastor Torres joined his mother in praying that his father give his heart to the Lord. Then, the pandemic hit, and things began to change—for the better!

Quarantines provided more time for families to be together, and Pastor Torres installed equipment that enabled his parents to watch 3ABN Latino. He noticed his father became more interested in watching the programs, and that his attitude towards Jesus began to shift. "I watched him be transformed!" Pastor Torres said with a big smile. "My father is now an avid 3ABN Latino viewer, and I'm sure he will soon be baptized and become a promoter of your network."

Thank you for your prayers and financial support that allow us to produce programming that transforms lives all around the world. ☺







## SERVICE *Gladly Rendered*

There is no doubt that 3ABN's Call Center is a hub of evangelistic activity! Each month, thousands of orders for literature, DVDs, CDs, and other materials are shipped all over the world by our dedicated workers.

### Serving Others

"Our goal is to meet the needs of our viewers and listeners, and we do this by answering their questions about our products, or any of the programs airing on our networks," says Marilyn Durant, 3ABN's Call Center Manager. "Each day, we have opportunities to serve others, and sometimes, that's just listening to someone who is having a hard day and offering them a bit of encouragement or even a prayer. At times, the Holy Spirit impresses us to give some of our older callers a few minutes to just talk about their struggles. We strive to treat them with patience, respect, kindness, and understanding—and we also handle our product with care, knowing it is a blessing from God.

"Of course, we only have a limited number of customer service representatives (CSRs), so we can't take too long on each call; but they need to know that

someone hears them and cares. We might be their only interaction with the outside world, so we never forget that we are the Mending Broken People Network.

"I love our employees. They believe in our mission, and they do their job well. They make it easy to walk through that door every day. I'm also grateful to have the help of the Adventist Information Ministry (AIM)—a contact center in Berrien Springs, Michigan, that takes our calls during the night and on weekends. They're very helpful, because many people keep regular business hours and cannot place orders during the day. They were also very helpful during the COVID pandemic, because they instantly began working remotely from home. In fact, one customer service representative was working for them on the other side of the world, in Russia!"

Marilyn says that while many more people are placing their orders online at 3ABNStore.com these days, some still prefer to order with a real person. "We're happy to do that because we know that it's another point of contact that allows us to address any other question or need they might have," she says.

The 3ABN Call Center Team (L to R): Jason Babb, Gary Peterson, Celestine Dickens, Clotty Cruz, Bonnie Lass, Pam Seed, Tammie Pierce, Carolyn Young, Bethany Chance, Noelia Jaque, Bobbi Lingle, Marilyn Durant, Rachael Walls, and Joshua Oswald.

### Practicing Generosity

When it comes to pricing, 3ABN's suggested donation policy is fairly unusual. "We don't want anyone missing out on a blessing because they genuinely cannot afford the cost of a product," Marilyn explains. "So we list a suggested donation; but with approval, we will send it to someone for what they can afford. We also send out many products for a donation of any size—like a recent cookbook that cost nearly \$10 to ship. A few people could only afford a few dollars, but there were others who made up for it, saying, 'I only want one cookbook, but I'd like to donate \$100.' It's obvious that the Lord will never stop providing for our needs as long as we are doing His will," Marilyn says. "Our viewers believe in 3ABN's message, and support us every step of the way."

### The Health Message

The health message has been called "the right arm of the gospel," and that's certainly true, since taking care of our bodies sharpens our minds when it comes to spiritual things.

Marilyn says that probably 40 percent of the products we ship now are health related, like the many cookbooks we carry. "You might like Cinda Sanner's *Tiny Tots Cookbook*, or Jeremy Dixon's *Cook:30* series," she says. "We also carry the *Natural Lifestyle* cookbooks by Teenie Finley, and Rosalie Hurd's *Ten Talents* cookbook, too. Any of these, when combined with our cooking, exercise, and health videos will help our viewers to better health.



Top: 3ABN Call Center Manager, Marilyn Durant (left), and Assistant Manager, Rachael Walls (right) are experts in efficiency and customer care.

Bottom: (L to R) Gary, Jason, and Josh check on our stock of *Tiny Tots Cookbooks*.

"Recently, Risë Rafferty has joined 3ABN Health Ministries and is a real blessing to those who send us their health questions and concerns," Marilyn adds. "Helping others opens their hearts and minds to the love of Christ and to the instruction in God's Holy Word; and when I help someone, I feel like I've accomplished what God wanted for me today. That word of encouragement really makes a difference, so I'm mindful of what I say. I don't ever want them to see anyone other than Jesus Christ. I'm so grateful that He chose me to serve Him, and I can't imagine working anywhere else." ☺

# AUGUST 2022 | 3ABN TV SCHEDULE

PT -2 hours • MT -1 hour • ET +1 hour **Red titles are changes effective this month.**  
**CC** = CLOSED CAPTIONED **L** = LIVE PROGRAM **★** = NEW SERIES **↻** = REPEAT OF LIVE PROGRAM

SUNDAY CENTRAL TIME	
2:00a	Pillars of Faith <b>CC</b> 1hr
3:00	Featured Ministries <b>CC</b>
3:30	From Sickness to Health <b>CC</b>
4:00	House Calls <b>CC</b> 1hr
5:00	Digital Disconnect <b>CC</b>
5:30	Evolution Impossible <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Amazing Facts with Doug Batchelor <b>CC</b>
7:00	Amazing Adventures <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Your Favorites By Request <b>CC</b>
9:30	Adventures in Missions <b>CC</b>
10:00	3ABN Sabbath School Panel <b>CC</b> 1hr
11:00	3ABN Worship Hour <b>CC</b> 1hr
12:00p	Live to Be Well <b>CC</b>
12:30	Billy Blackwood & Friends <b>CC</b>
1:00	Revived by the Spirit 1hr
2:00	Body & Spirit <b>CC</b>
2:30	Tiny Tots Kitchen/Creation Is! Science <b>CC</b>
3:00	3ABN Today LIVE <b>L</b> 2hrs
5:00	The Carter Report <b>CC</b> 1hr
6:00	Jesus for Asia Now <b>CC</b>
6:30	Salvation in Symbols & Signs - Daniel <b>CC</b>
7:00	3ABN Sabbath School Panel <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b> 1hr
10:00	Featured Ministries <b>CC</b>
10:30	Lineage <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Secrets Unsealed Presents <b>CC</b> 1hr
1:00	Celebrating Life in Recovery <b>CC</b> 1hr

MONDAY CENTRAL TIME	
2:00a	Revelation of Hope <b>CC</b> 1hr
3:00	3ABN Homecoming <b>CC</b> 1hr
4:00	Table Talk <b>CC</b> 1hr
5:00	His Words Are Life/Grandma's House <b>CC</b>
5:30	Cook:30 <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	Pressing in to His Presence <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Jesus My Light / Creation Crafts <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	House Calls <b>CC</b> 1hr
10:00	Free Indeed <b>CC</b>
10:30	Books of the Book <b>CC</b>
11:00	3ABN Sabbath School Panel <b>CC</b> 1hr
12:00p	Behold the Lamb Presents <b>CC</b> 1hr
1:00	Off the Grid <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life (Casio Jones) <b>CC</b>
2:30	Heaven's Point of View <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Kids Camp Kitchen Fun <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	ASAP Ministries <b>CC</b>
5:30	Your Favorites by Request <b>CC</b>
6:00	Country Wisdom <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	Unlocking Bible Prophecy <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Summer Camp Meeting <b>CC</b> 1hr
10:00	The Carter Report <b>CC</b> 1hr
11:00	3ABN Today <b>CC</b> 1hr
12:00a	The Carter Report <b>CC</b> 1hr
1:00	Revived by the Spirit <b>CC</b> 1hr

TUESDAY CENTRAL TIME	
2:00a	Optimize 4 Life <b>CC</b>
2:30	Mission TREK <b>CC</b>
3:00	Sanctuary, Salvation, & Our Savior <b>CC</b>
3:30	Authentic <b>CC</b>
4:00	New Perceptions <b>CC</b> 1hr
5:00	Salvation in Symbols & Signs - Revelation <b>CC</b>
5:30	Wonderfully Made <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	The Heavens Declare <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Maranatha Mission Stories <b>CC</b>
8:00	3ABN Today LIVE <b>L</b> 2hrs
10:00	Piano Praise <b>CC</b>
10:30	Adventures in Missions <b>CC</b>
11:00	Featured Ministries <b>CC</b>
11:30	Exalting His Word <b>CC</b>
12:00p	Revelation's Ancient Discoveries <b>CC</b> 1hr
1:00	Digital Disconnect <b>CC</b>
1:30	Cook:30 <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	Unshackled Purpose/Intimate Clarity <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Bible Gems / Bible Buzz <b>CC</b>
4:30	The Creation Case <b>CC</b>
5:00	Evolution Impossible <b>CC</b>
5:30	Multitude of Counselors <b>CC</b>
6:00	Mission 360 <b>CC</b>
6:30	The Incomparable Jesus <b>CC</b>
7:00	Secrets Unsealed Presents <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Behold the Lamb Presents <b>CC</b> 1hr
10:00	Amazing Facts with Doug Batchelor <b>CC</b>
10:30	The Creator Revealed <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Raw Questions Relevant Answers/Intimate Clarity <b>CC</b>
12:30	Jesus For Asia Now <b>CC</b>
1:00	Free Indeed <b>CC</b>
1:30	The Creator Revealed <b>CC</b>

WEDNESDAY CENTRAL TIME	
2:00a	Kenneth Cox Ministries <b>CC</b> 1hr
3:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b>
4:00	Summer Camp Meeting <b>CC</b> 1hr
5:00	White Horse Media <b>CC</b>
5:30	HeartLift <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	It Is Written <b>CC</b>
7:00	Amazing Facts with Doug Batchelor <b>CC</b>
7:30	It Is Written Canada <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Grace Pipeline <b>CC</b>
9:30	Thunder in the Holy Land <b>CC</b>
10:00	3ABN Australia Homecoming <b>CC</b> 1hr
11:00	The Carter Report <b>CC</b> 1hr
12:00p	Celebrating Life in Recovery <b>CC</b> 1hr
1:00	Lineage <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life <b>CC</b>
2:30	Perfecting Me <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Sing Along / Bible Treasures <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	3ABN Sabbath School Panel <b>CC</b> 1hr
6:00	Sanctuary, Salvation, & Our Savior <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	A Sharper Focus <b>L</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Amazing Facts with Doug Batchelor <b>CC</b>
9:30	Digital Disconnect <b>CC</b>
10:00	It Is Written <b>CC</b>
10:30	Adventist World Radio <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Billy Blackwood and Friends <b>L</b> 1hr
1:00	Lineage <b>CC</b>
1:30	Unshackled Purpose/Raw Questions Relevant Answers <b>CC</b>

ASI ANNUAL CONVENTION 2022

**REVIVED TO WITNESS**  
**UNITED. TRANSFORMED. SENT.**

Watch ASI's International  
 Convention from Orlando, FL  
 August 3-6 on 3ABN!



Thanks to you, 3ABN reaches him, too!

Scan the QR code with your smartphone to quickly donate to 3ABN with PayPal.



#### THURSDAY CENTRAL TIME

2:00a	Laymen Ministries <b>CC</b>
2:30	Maranatha Mission Stories <b>CC</b>
3:00	Revelation's Ancient Discoveries <b>CC 1hr</b>
4:00	The Carter Report <b>CC 1hr</b>
5:00	Discover <b>CC 1hr</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Jesus for Asia Now <b>CC</b>
7:00	Kids Camp Kitchen Fun <b>CC</b>
7:30	Tiny Tots Kitchen /Tiny Tots Worship <b>CC</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	ASI Conventions <b>CC 1hr</b>
10:00	From Sickness to Health <b>CC</b>
10:30	Mission Trek <b>CC</b>
11:00	God's Last Message to the World <b>CC 1hr</b>
12:00p	Ultimate Prescription <b>CC</b>
12:30	Multitude of Counselors <b>CC</b>
1:00	The Heavens Declare <b>CC</b>
1:30	Amazing Facts with Doug Batchelor <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	Contending for the Faith <b>CC</b>
3:00	3ABN Today <b>CC 1hr</b>
4:00	Creation Crafts / Creation Is! Science <b>CC</b>
4:30	The Creation Case <b>CC</b>
5:00	3ABN Homecoming <b>CC 1hr</b>
6:00	The Carter Report <b>CC 1hr</b>
7:00	Bible Answers Live <b>CC 1hr</b>
8:00	3ABN Today LIVE <b>2hrs</b>
10:00	Kenneth Cox Ministries <b>CC 1hr</b>
11:00	3ABN Today <b>CC 1hr</b>
12:00a	Table Talk <b>CC 1hr</b>
1:00	3ABN Today LIVE <b>2hrs</b>

#### FRIDAY CENTRAL TIME

3:00	Battles of Faith <b>CC</b>
3:30	Live to Be Well
4:00	The Incomparable Jesus <b>CC</b>
4:30	Action 4 Life <b>CC</b>
5:00	Multitude of Counselors <b>CC</b>
5:30	Ultimate Prescription
6:00	Body & Spirit <b>CC</b>
6:30	Contending for the Faith <b>CC</b>
7:00	Amazing Adventures <b>CC 1hr</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	Optimize 4 Life <b>CC 1hr</b>
9:30	Cook:30
10:00	Secrets to Wellness <b>CC</b>
10:30	Life After Choice / Divine Design <b>CC</b>
11:00	Thompsonville Worship Hour <b>CC 1hr</b>
12:00p	Daniel All Access <b>CC 1hr</b>
1:00	Behold the Lamb Presents <b>CC 1hr</b>
2:00	Raw Questions Relevant Answers/Journeys <b>CC</b>
2:30	HeartLift <b>CC</b>
3:00	3ABN Today <b>CC 1hr</b>
4:00	A Day With the King <b>CC</b>
4:30	Sing Along / Jesus My Light <b>CC</b>
5:00	Featured Ministries <b>CC</b>
5:30	Your Favorites By Request <b>CC</b>
6:00	Jesus for Asia Now <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	3ABN Sabbath School Panel <b>CC 1hr</b>
8:00	3ABN Today Family Worship <b>CC 1hr</b>
9:00	It is Wwritten <b>CC</b>
9:30	Maranatha Mission Stories <b>CC</b>
10:00	Mission 360 <b>CC</b>
10:30	Hope in Motion / Pause to Pray <b>CC</b>
11:00	3ABN Today Family Worship <b>CC 1hr</b>
12:00a	ASI Conventions <b>CC 1hr</b>
1:00	Breath of Life <b>CC</b>
1:30	Thunder in the Holy Land <b>CC</b>

## New Evangelistic Opportunity!

#### SATURDAY CENTRAL TIME

2:00a	Praise! <b>CC</b>
2:30	It Is Written <b>CC</b>
3:00	Daniel All Access <b>CC 1hr</b>
4:00	Revelation Now <b>CC 1hr</b>
5:00	Revelation Insights <b>CC 1hr</b>
6:00	Amazing Facts with Doug Batchelor <b>CC</b>
6:30	Tiny Tots for Jesus <b>CC</b>
7:00	Bible Gems / Bible Buzz <b>CC</b>
7:30	Sing Along / Bible Treasures <b>CC</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	3ABN Sabbath School Panel <b>CC 1hr</b>
10:00	3ABN Worship Hour <b>CC 1hr</b>
11:00	Revived by the Spirit <b>CC 1hr</b>
12:00p	Bible Answers Live <b>CC 1hr</b>
1:00	New Perceptions <b>CC 1hr</b>
2:00	Kids Praise Too! <b>CC</b>
2:30	Adventist World Radio
3:00	3ABN Today <b>CC 1hr</b>
4:00	Maranatha Mission Stories <b>CC</b>
4:30	Hope in Motion / Pause to Pray <b>CC</b>
5:00	Breath of Life <b>CC</b>
5:30	Authentic <b>CC</b>
6:00	Laymen Ministries <b>CC</b>
6:30	Unshackled Purpose/Journeys <b>CC</b>
7:00	Summer Camp Meeting 1hr <b>CC</b>
8:00	3ABN Today <b>CC 1hr</b>
9:00	White Horse Media
9:30	Salvation in Symbols and Signs - Daniel <b>CC</b>
10:00	Table Talk <b>CC 1hr</b>
11:00	3ABN Today <b>CC 1hr</b>
12:00a	Discover <b>CC 1hr</b>
1:00	Anchors of Truth <b>CC 1hr</b>

## The Truth About the Lord's Day

Does the Lord have a special day? And does it matter to God what day we choose to worship on? Using the Bible as a source of truth, Danny Shelton takes a commonsense approach to the topic and leaves no doubt as to what the Bible says about the Lord's Day!

### Perfect for Sharing!

**CASE OF 250 BF0T04-C**

Pay only USD \$25.00\* shipping

*Offer good in U.S. only. For overseas shipping, please contact us for pricing.*

*\*Suggested donation*





# FAITHFUL

Our 3ABN Pastoral Department hears the most amazing stories of faith in action; and recently, Pastor Daniel Morikone had an experience he wanted to share with us.

## HONORING THE SABBATH

“I received a phone call from a grandmother named Maddie, who lives in Ohio,” he begins. “Previously, she had called 3ABN’s prayer line to pray for her granddaughter Lydia Kittner, an 18-year-old athlete who was about to run a race with the local high school. But because she called outside our business hours, she was transferred to Rosa at Adventist Information Ministries (AIM), our after-hours contact center that takes our calls on the weekends. As they spoke, she was surprised to find out that Rosa was also 18.

“Now Maddie was calling for Rosa to tell her how things went—but she got me, instead; so of course, I asked how Lydia was doing. Maddie said that after that call, Lydia did really well in her first two races, but the final race was to begin late in the day—too close to the Sabbath hours. As she watched from the stands, Maddie said she saw Lydia talking to her fellow competitors and her coach. Then, pointing at her watch, she walked off the field. Her decision to honor the Sabbath had an interesting

effect, though. Soon she began receiving text messages from her coach and colleagues telling how they respected her for it, and that they believed that if she’d raced, she well could have won.”

This story intrigued us, we got in touch with Lydia, who attends the Hillsboro Seventh-day Adventist Church in Ohio.

“I got into running when I was about 12,” she says, “and although I was home-schooled, I enjoyed running so much that I joined our local public high school’s cross-country team when I was 15. My mom explained to my coach that I wouldn’t compete on Sabbaths, which begin at sundown on Friday and last through sundown on Saturday. He said there were a lot of meets on Saturday, but that as long as I came to all the practices, that would be fine.

“I’ve run cross-country as well as track for three years,” Lydia continues, “and this spring, I had an amazing track season which took me all the way to state finals. However, those are always on Saturday. My coaches and fellow athletes wanted me to run, so that pressure was hard. After all, who wouldn’t want to run in the state finals? But I’d never competed on Sabbath—and I wasn’t going to run the last race of my high school career on

it, either! I’m not gonna lie though; it was hard, because I really wanted to run.

“As you know, a few weeks before, I competed in a league meet on a Friday, but my last event wasn’t going to start until after sundown. So in the end, I sacrificed the chance of being the league’s female athlete of the year, and I didn’t run in the state finals, either. However, God blessed me so much at the state preliminaries, and I got personal records in both my events. My whole track season was very successful, and I believe God blessed me greatly!”

Pastor Morikone says, “I’ll admit that as Maddie told me Lydia’s story I had tears in my eyes; and as I prayed for her, I got choked up. This young person standing up for Jesus, though her sports career could fall, inspired me. I remembered the three young Hebrew men in the Bible who wouldn’t fall; and Daniel, who wouldn’t give up his prayer life.”

## PRAYER MINISTRIES

Pastor Morikone says this story makes him think of what a blessing it is to work with AIM. “This Christian ministry answers our phones when we’re not available,” he says, “yet we share the same mission—to reach souls in need of God’s love and care in these Last Days.

“I have thoroughly enjoyed being a part of our wonderful 3ABN pastoral team!” he continues, “but I was surprised that 3ABN has such a large family of people who call in on a regular basis. For many, we are the only ones they feel they can turn to, so we’re here to listen and pray with them. It is such a blessing to come alongside our callers and join them in prayer, as well as their praises. We’re all God’s children and need each other for encouragement, love,

and care, so it is a privilege to be used by God in this capacity.

“In closing, I’d like to share this promise of God from Deuteronomy 28:9–10: ‘If you keep the commandments of the Lord your God and walk in His ways... all peoples of the earth shall see that you are called by the name of the Lord.’” Lydia’s choice to be faithful to God had a ripple effect which washed over this retired pastor’s heart, and I’m sure it will bless others, too. ☺



PHOTO SUPPLIED







# Join the Team!

God's greatest desire is for "all men to be saved and to come to the knowledge of the truth." 1 Timothy 2:4. That was the single objective Jesus had in mind during His ministry here on earth. Later, He instructed His disciples to "Go ye into all the world, and preach the gospel to every creature," (Mark 16:15 KJV), but fulfilling this Great Commission seems daunting and even impossible if we look at our individual abilities.

When, however, we are moved by the Holy Spirit to join our efforts as a team, we know that God can and will fulfill His purposes through us—and that's why 3ABN created The Blessing is on the "GO!" Evangelistic Team.

It's easy to become an Evangelistic Team member by registering to make a recurring monthly donation of any amount in support of 3ABN's mission of world evangelism. As a team member, you'll receive an evangelistic resource—a book, music CD, sermon DVD, or Bible study—from 3ABN each month to share with family, friends, or neighbors who need to know the truth of God's amazing grace. You'll also have the option to receive these regular sharing resources or direct your contributions entirely to world evangelism.

You can join the Blessing is on the "GO!" Evangelistic Team by registering online at 3ABN.tv, by calling 618-627-4651, or by sending a letter and a tax-deductible donation to: 3ABN, PO Box 220, West Frankfort, IL 62896.

Together we can open the eyes of the world to see God's loving plan of salvation and bring many more souls into His kingdom!

## WANT TO SIGN UP ONLINE?

1. Go to 3ABN.tv, scroll towards the bottom, then click on the graphic that looks like this.



2. Follow the instructions from there.



# Incredible CARROT DOG

by Melody Caviness

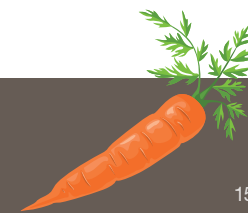
## INGREDIENTS

- 6–8 carrots of similar size
- 1 Tbsp liquid smoke
- 1 Tbsp garlic powder
- ½ cup Bragg Liquid Aminos
- 1 Tbsp mustard
- 1 Tbsp coriander
- 1 cup water
- 1 Tbsp onion powder

## DIRECTIONS

1. Peel and pare carrots into the shape of a hot dog.
2. Combine all ingredients in a heavy-bottom pan and stir.
3. Add prepared carrots, cover, and simmer over medium heat for 8 minutes.
4. Remove carrots from pan and set them on a plate and cool. Place carrots in an airtight container and pour marinade over them, then refrigerate for up to 8 hours. When ready, grill each carrot dog for 1–2 minutes.
5. Add your favorite condiments and serve.

*Note: You can use a gas, charcoal, or panini grill to cook them for nice crisp markings. Carrot dogs can be kept in marinade for up to one week and used as needed.*







**3ABN**  
*Homecoming*  
FALL CAMP MEETING 2022

Don't Miss Homecoming Camp Meeting  
*Finally—in Person!*

September 21–24, 2022



PO Box 220 | 618-627-4651  
West Frankfort, IL 62896 | 3ABN.tv

NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
THREE ANGELS  
BROADCASTING  
NETWORK