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MAGAZINE



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*Do you have a testimony to share of how
3ABN made a difference in your life?
We would love to hear about it!*

Letter from the PRESIDENT



Danny Shelton
President

Love Found a Way!

Dear Partner,

I recently spent three days in Nashville, Tennessee, recording 3ABN's newest CD/DVD project, and every song on this album centers in on the Cross of Calvary.

Of course, the old rugged cross would have no value if Jesus hadn't chosen to be crucified for our sins. But praise His Holy name, He made a plan of salvation for every one of us, if we choose to accept His free gift of eternal life! With this in mind, the 18 sermons you will hear at this year's 3ABN Spring Camp Meeting will be based on the theme, *Christ, Calvary, and the Sanctuary*.

I have had the pleasure of working with producer Reggie Smith and string arranger Kris Wilkinson to produce this new CD. We were also blessed to work with Grammy award-winning songwriter, Lanny Wolfe.

Lanny and I wrote two new songs. One is entitled, "Gethsemane," and another is called, "It Was Love." My daughter Melody Shelton Firestone and Lanny also co-wrote a new song entitled, "Love Found A Way." Reggie and Kris came up with some beautiful arrangements for some of the old hymns such as, "The Old Rugged Cross," "Heaven Came Down," "At The Cross," and several other wonderful, inspiring songs.

Please plan on coming to your 3ABN Spring Camp Meeting from June 8–11. Jesus is coming soon, and this camp meeting is sure to bring us closer to Him!

As always, thank you for your love, prayers, and financial support of 3ABN as we continue to take the three angels' messages of Revelation 14 to a lost and dying world.

God Bless!

Danny Shelton

Danny

P.S. See you at Camp Meeting!



God's Promised Rewards

by Roy G. Hunt, Jr.

and manipulate the senses. Instead, He was quiet, and used simple illustrations and language to express His desire for us to follow Him.

Christ promised in John 15:11, “These things I have spoken to you, that My joy may remain in you, and that your joy may be full.”

He also gave us simple instructions in Luke 6:38 (NIV): “Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you.”

In simple terms, this verse simply says that you cannot outgive God; the more you give to Him, the more blessings will come your way.

3ABN's vision for more than thirty-one years has been to spread the word of a Savior who will take us home to a better place called Heaven. A home where everyone will be in harmony and sit at the feet of Jesus, listening to His captivating message of love.

Fast and furious is the pace of the world we live in. There are so many ways for us to be distracted with the bright lights and bold images designed to grab our attention. However, it is comforting to know that simple is better.

Christ was not flashy. He did not excite



Back (L to R): Karen Cordes, Valera Babb, Nancy O'Brien, Dianne Hamilton; Front: Roy Hunt, Earlenne Hunt.

The “Middle of Nowhere”

The blessing is definitely on the “GO!” Earlenne and I have been so blessed in listening to our callers, and especially when we have the opportunity to visit our 3ABN supporters in their homes. Each one we make contact with has a testimony of how they first became a follower of our Lord—many as a direct result of watching, listening, and studying with the different pastors and presenters on this God-ordained network.

message being presented. The Lord was in control, and as they continued studying the three angels' messages of Revelation 14, over the next few months, that curiosity turned into a conviction, which led to this precious soul's decision to follow the Lord into baptism. What a wonderful testimony to the power a TV signal in the “middle of nowhere!”

The three angels' messages promise eternal life, and 3ABN is committed

Each person, that we make contact with, has a testimony of how they first became a follower of our Lord. Many as a direct result of watching 3ABN.

On a recent visit to Tennessee, we heard an exciting conversion story from one of our 3ABN viewers. They had been on an extended vacation in the southern part of Texas, and were living out in the “middle of nowhere.” Their television was not connected to satellite or cable, so finding a working channel was next to impossible. However, as they flipped through their snowy channels one last time, they felt a feeling of success as one channel came in with a strong signal! Out of nowhere, they were receiving 3ABN's signal over the air!

As this individual sat down to watch, there was an instant curiosity about the



Roy G. Hunt, Jr., Director,
Planned Giving and Trust Services
Earlenne Hunt, Trust Officer

to continue providing Christ-centered programming to the world until we hear the shout of our Lord in the eastern sky at His Second Coming.

As a viewer or listener of 3ABN, there comes a time when you want to thank God for what this ministry has done for you, along with a desire to see 3ABN continue with such a positive message. Our Planned Giving and Trust Services Department is a vital link to the financial health of this ministry. Charitable Gift Annuities, Revocable Cash Trusts, Prop-

70-and-a-half to plan what they want to do with their Required Minimum Distribution (RMD) from their IRA.

Those who meet the above requirements are now allowed to donate up to \$100,000 per year from their IRAs. This must be a donation to 3ABN directly from the financial institution administering the IRA, and the money cannot be used for any other reason other than a donation. However, if done correctly, the amount of money donated from an IRA will be reported on your tax return as *non-income*, thereby bypassing any taxes on the IRA withdrawal. Again, you do not have to worry about whether Congress will pass the law each year. It's permanent.

We're Here for You

I invite you to call our department and discover how easy it is to be a 3ABN financial partner. Our staff is friendly and always willing to provide information to help you make the best decisions for you, and 3ABN's lifesaving ministry. We can be reached Monday through Thursday from 8:00 a.m. to 5:30 p.m. Central. Our office is closed Friday through Sunday. You may also contact us at trustservices@3abn.org.

Please pray fervently for our 3ABN staff and all of our worldwide supporters as we work together to finish the work God asks of us. Our heavenly reward is waiting for us all! ☺



Roy and Earlene are always happy to visit with you in your home to provide detailed information and answer all of your questions.

erty Trusts, and Charitable Remainder Unitrusts are some of the many ways a person can help fund 3ABN, and even earn a tax-free return on their investment.

A Permanent Law

One exciting way to support, that has just been passed by Congress and signed by the President of the United States, is a permanent tax law involving Individual Retirement Accounts (IRAs). In the past, this law was voted on each year by Congress—and usually not until December. However, because the law is now permanent, it allows anyone who is age

**Invest in the Lord's work today
and watch your rewards multiply**

**Differences between a
CHARITABLE CASH GIFT ANNUITY and a CASH TRUST**

CHARITABLE CASH GIFT ANNUITY

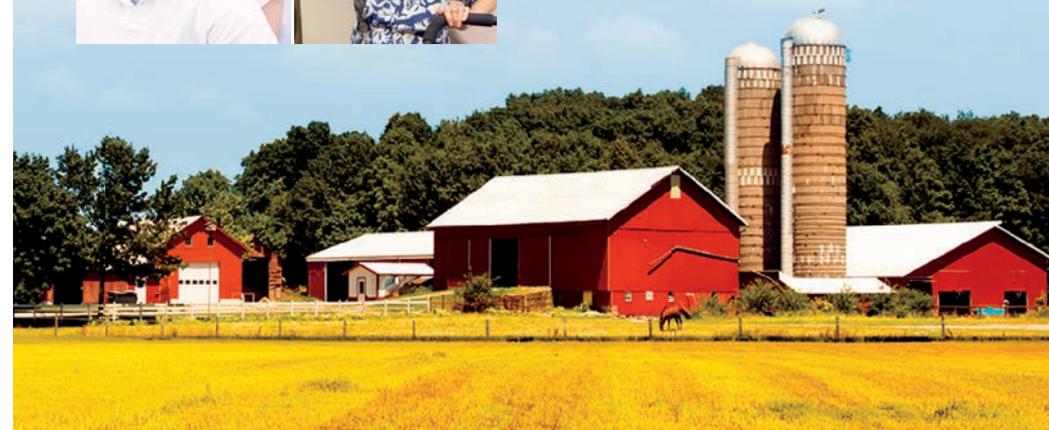
- Irrevocable
- Fixed interest rate
- Fixed interest payments for life
- May not add funds but can buy additional annuities
- May not withdraw funds
- Tax benefits
- 3ABN is exclusive beneficiary
- Document fees paid by 3ABN

CASH TRUST

- Revocable
- Variable interest rate
- Variable interests payments
- May add funds at any time
- May withdraw funds for emergency need
- No tax incentives
- Multiple beneficiaries must include 3ABN
- Document fees paid by 3ABN



Call or e-mail for more information!
800-886-4800
trustservices@3abn.org
 Roy & Earlene Hunt
 PO Box 220, West Frankfort, IL 62896





Can I Get a WITNESS?

by Shelley Quinn

Pressing in to God's presence in prayer, Isaiah heard the voice of the Lord, saying: "Whom shall I send, and who will go for Us?" Isaiah 6:8.

Since Creation, God has sought people who will proclaim His truths and bear witness to their experience of His love, mercy, and grace. He performed miracles to deliver the Hebrew nation from bondage and equip them as a kingdom of priests to testify of His goodness. However, with self-centered satisfaction, they rebelled against His purpose. God called patriarchs, prophets, and priests to encourage others to receive and respond to His promises and covenants. Their success was measured.



Shelley Quinn is 3ABN's Program Development manager and a well-known author and speaker. Her husband J.D. is manager of 3ABN's Pastoral Ministries Department.

Transformed Lives

But when the Day of Pentecost came, following Christ's resurrection and ascension, God sent His Spirit in fulfillment of His promise, "You shall be baptized with the Holy Spirit... you shall receive power when the Holy Spirit has come upon you; and

you shall be witnesses to Me...to the end of the earth." Acts 1:5, 8. The Spirit gave Peter powerful "utterance." His simple message worked its way into the hearts of over 3,000 who responded by repenting and being baptized.

On the road to Damascus, our resurrected Savior called Saul to become a "minister and a witness." Acts 26:16. Knocking the hatemongering religious zealot off his high horse, Christ sent him to the Gentiles "to open their eyes, in order to turn them from darkness to light, and from the power of Satan to God, that they may receive forgiveness of sins and an inheritance among those who are sanctified by faith in Me." Acts 26:18. The murderous Saul became the Apostle Paul, who—witnessing with power—was God's greatest ambassador of grace.

The Privilege of Witnessing

As Christians, we are members of "a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light." 1 Peter 2:9. God has not changed, and His purposes for witnessing remain the same. We are all entrusted with

God wants you to be firmly convinced by faith, and allow His Spirit to fill your heart with His love for the lost and the suffering.

the privilege of fulfilling the Great Gospel Commission of Matthew 28:19–20.

You don't have to be a Bible scholar or preach to large crowds to accomplish this. Never underestimate the significance of your personal testimony, or Spirit-empowered, one-on-one evangelism! God wants you to be firmly convinced by faith, and He allows His Spirit to fill your heart with His love for the lost and the suffering. Then, following the Spirit's lead, simply share the good news with others in your circle of influence.

Sharing has never been easier! Join 3ABN's The Blessing Is on the "GO!" Evangelistic Team today by simply registering to give a monthly donation of any amount to support evangelism around the world and in your neighborhood. Each month, we will send you a DVD, CD, book, or Bible study to share with your family, friends, and neighbors. For more details, visit 3abn.tv or call us at 618-627-4651.

Let's pray that God doesn't have to knock us off our high horse to cause us to accept His call to witness. Today, He still asks, "Whom shall I send, and who will go for Us?" Like Isaiah, let our answer be, "Here am I! Send me." ☺



3ABN
the blessing is on the
"GO!" Evangelistic Team

Join the "GO!" Evangelistic Team

Setting up a monthly donation of any amount to support evangelism is easy! Just visit 3abn.tv and set up an automatic donation by credit/debit card. You can also set up your donation through PayPal, but be sure to check the "Make This Recurring (Monthly)" box.

Not comfortable doing this online? No problem. Just call us at 618-627-4651, or send us your information by mail.

This Month's Evangelistic Tool

House Calls & Kids Time DVD



You'll love this DVD featuring pastors John Stanton and C.A. Murray answering Bible



questions on hell, diet, and the Sabbath, as well as discussing "Seven Steps to a Closer Relationship With Jesus." It also contains a bonus *Kids Time* program!

Share Your Experiences

We all love great stories, and we want to hear your experiences as the Lord opens up new opportunities for evangelism in your neighborhood! Is someone coming to church with you? Tell us about it by writing us or recording a one or two-minute video on your smartphone and e-mailing it at GET@3ABN.tv.

"I am not an Adventist, but I love your church and want to be an evangelism team member!" —Tampa, FL

by Nikki Anderson

Imparting Light

It's been a while since I've given you an update on what's going on up yonder in Michigan. Strong Tower Radio is on fire for the Lord and God is opening doors for them to spread the gospel all over that state! Their public relations director, Jilane Fenner, says, "Our Conference president, Jay Gallimore, has been so supportive of Strong Tower Radio. He has encouraged us to cover the whole state of Michigan with this message."

They are well on their way to making that happen!

A Family of Stations

The first station, WGCP 91.9 FM in Cadillac, went on the air in December 2009. David Bolduc and his family moved there to operate the radio station, but before that, he dabbled in radio by setting up a micro transmitter in Decatur, Illinois.

People in other areas of Michigan began calling Strong Tower Radio, asking for a station in their area, so David began looking through the Federal Communications Commission website to find construction permits that weren't being used, as well as stations that were going off the air that would eventually be for sale. He found several, and through a series of miracles and answered prayers, they were able to build or convert radio stations to broadcast the three angels' messages in more cities.

George Corliss brought his marketing abilities, Jilane Fenner brought her public relations talents, and Sandy Cole offered her organizational skills; and when they began working together under David's management, big things began to happen.

Soon, Strong Tower owned stations in Newberry (WIHC 97.9 FM) and Escanaba (WUPJ 90.9 FM) both in the Upper Peninsula (U.P.); and Harrison (WBHL 90.7 FM) and Mio (WAVC 93.9 FM) in Central Michigan. After they acquired a TV station in Cadillac to air 3ABN on Channel 23, they moved on to full power KTGG 1540 AM, and translator station 104.7 FM in Lansing, Michigan. In addition, God also blessed them with translator stations in Ironwood

(90.9 FM— also in the U.P.), Alpena (102.7 FM) and, by the way, another in Decatur, Illinois, broadcasting at 91.3 FM.

"Impart that light, and you will receive more light to impart. Great blessing will come to those who use their talents aright."

More Opportunities

Last December, the Metro Detroit Seventh-day Adventist Church scheduled a rally for a future radio station, and Strong Tower Radio staff planned to attend, even though there was no station for sale there. (The church members in Detroit are hopeful that one day there will be one available to purchase. What an act of faith!)

As plans were made for that event, a full power radio station became available in Grand Rapids, Michigan, and Strong Tower needed another rally. Because the only date open was the same date as the Detroit rally, Strong Tower staff attended them both—and God blessed both! When all was said and done, Strong Tower had raised funds to proceed with the Grand Rapids purchase, and the Detroit church had a good start toward someday bringing the three angels' messages to their city over the radio airwaves! As Matthew 25:21 says, "Well done,

good and faithful servant; you were faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord."

Imparting Light

Ellen White, in *My Life Today*, reminds us that, "God has given us talents to use for Him.... There is a great work to be done in our world, and we are accountable for every ray of light that shines upon our pathway. Impart that light, and you will receive more light to impart. Great blessing will come to those who use their talents aright."

Strong Tower Radio embodies that spirit. Thank you for your support in spreading the gospel via the radio! ☺



Nikki Anderson is the administrative assistant for 3ABN Radio.



Guatemala Is Waiting!

by John Dinzey

As far back as late 2014, the Lord gave me an idea about organizing an evangelistic campaign in one of the countries where 3ABN Latino has been on cable for several years. We've had "reaping" evangelistic meetings before, but the Lord impressed me with a different idea this time. Why not extend an invitation to our viewers—both pastors and laypeople—to go with us to a country where 3ABN Latino has already been preaching the gospel on local TV stations and cable companies?

Then, when Danny Shelton began mentioning that 3ABN was focusing on evangelism late last year, I knew the time had come to put the idea into action.

Looking for Speakers

So we are looking for 25 speakers willing to preach one week of Christ-centered sermons, inviting people to make a decision for Jesus and be baptized between the dates of October 8–22.

Why the emphasis on Christ-centered messages, you ask? Because Jesus said, "And

I, if I am lifted up from the earth, will draw all peoples to Myself." John 12:32.

We're asking each speaker to sponsor their own campaign by covering their flight, hotel, and meal expenses, too. Following their meetings, the churches will join together in a large auditorium where we'll have a well-known evangelist appeal to those who still hesitate, to make their decision to give up the world, follow Jesus, and join their brothers and sisters in baptism. Our prayer is that the Lord will do a mighty work in the hearts of the people during those two weeks, and that we'll experience the outpouring of the Holy Spirit. We would like to see another fulfillment of Acts 2:47, where God's children will be "praising God and having favor with all the people. And the Lord added to the church daily those who were being saved."

Guatemala is Waiting!

When I called Pastor Guenther Garcia, the president of the Guatemala Union of Seventh-day Adventists, he answered the

phone by asking, "When is 3ABN coming to Guatemala?"

"It is interesting you asked me that," I answered, "because that's exactly what I'm calling you about!"

When I explained the plan for the evangelistic campaign and asked for his input, he was delighted; and when he presented the idea to other leaders, they embraced the plan with much enthusiasm.

3ABN will impact the lives of many in London this September. And in October, many more lives will be transformed in Guatemala—both those who come to hear the message, and those who present it.

And although we're extending this invitation to 3ABN Latino viewers, we may still have some spots available. So if you feel the Holy Spirit calling you to join us, I urge you to take it to the Lord in prayer, and ask Him if it is His will for you to come, too. We should have some translators available, or you can bring your own. And if you're not able or impressed to go, but would still like to support this evangelistic effort financially, we will put your donation toward the

Let's do what Jesus said: "Go therefore and make disciples of all the nations."

work by purchasing truth-filled literature and Bibles, and covering other expenses associated with evangelistic campaigns. Naturally, your prayers are vital, and so appreciated. Please let us know if you will pray for us.

The time has come! Let's do what Jesus said: "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age." Mathew 28:19–20. ☪



John Dinzey is the general manager for 3ABN Latino Network. Originally from the Dominican Republic, his passion is to preach the gospel. His wife, Idalia, works with him at 3ABN Latino, and they've been blessed with two wonderful sons, Samuel and Caleb.

SCOTT ELLIS & KYLE WARREN

SHUTTERSTOCK.COM/JOAO WIESSIMO

TRUE IDENTITY

by Dr. Yvonne Lewis

Society is topsy-turvy! If you watch secular TV at all, you'll notice that more and more programs are featuring couples that practice alternative lifestyles. Whether it's extramarital, heterosexual, homosexual, bisexual, or transgendered, it's all right in front of us.

The Power to Choose

Believe it or not, I think each person can choose his or her life path. Now, before you write letters and make calls to 3ABN demanding my resignation, let me explain. Jesus never forces us to do His bidding. He lays the better way out before us, and it's up to us to decide what we want to do. Each decision has its consequences, and that's what many of the proponents of the alternative lifestyle and culture want to dismiss.



Dr. Yvonne Lewis is a naturopathic doctor, author, lecturer, and singer, as well as the general manager of 3ABN's Dare to Dream Network for urban audiences.

Recently, I had the privilege of producing a season's worth of *Pure Choices* programming with the Coming Out Ministries team. What a blessing! They are on the front lines, swimming against the tide of social pressures to accept the gay culture as spiritually acceptable. Wayne Blakely, Mike Carducci, Ron Woolsey, and Danielle Harrison are all ex-gays who have been redeemed by the power of God. Their message of transformation through redemption and love isn't popular, but they share it, nonetheless. They have met quite a bit of resistance, both in and out of the church, and are quite disturbed by the seemingly wavering position taken by some church members on this issue. Some Christian institutions have even closed their doors to them because they see them as being too controversial and politically incorrect!



The new season of *Pure Choices* features (l to r): Wayne Blakely, Ron Woolsey, Mike Carducci, and Danielle Harrison.

PHOTO: SVELLANA CHRISTIAN



Walt Heyer discusses how the power of God changed his life on *Pure Choices*.

They've experienced life at its lowest ebb, and they have a burden to share their joy in Christ with those who are hurting and unable to break free from the bondage of sexual sin.

Coming Out Ministries speaks truth in love. According to their website, "To be a gay Christian, a gay Adventist, or a homosexually oriented Christian places an emphasis on self and temptation; suggesting a handicap or disclaimer. Addressing sexual sin has been a challenge to all Christian faiths. Ignorance has resulted in silence. Due to the lack of knowledge, there has been fear and skepticism about reaching out. But silence is not an option when Satan is gaining momentum each day deceiving those who will live according to feelings rather than every word that proceeds out of the mouth of God."

In praise and glory to God, these four redeemed souls have joined in a united front to provide education, hope, and personal stories of God's redemptive process.

Coming Out Ministries did a great job hosting *Pure Choices*! One of their guests was Walt Heyer, a transgendered man who faced a gender identity issue called gender dysphoria, had the surgery to become a woman, was converted, and returned to living life as a man!

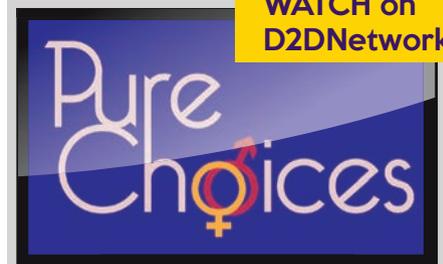
Walt talks about the power of God to change a life. He also discusses the fact that many of the people who have sexual reassignment surgery, regret it later. His story, and other riveting testimonies, are what you can look forward to on the upcoming season of *Pure Choices*. ☺

They've experienced life at its lowest ebb, and they have a burden to share their joy in Christ with those who are hurting and unable to break free.

Breaking Free

One of the things that I admire about their ministry is the fact that they are not condemning or judgmental. Sexual sin, whether heterosexual or homosexual, is sin nonetheless, and therefore needs to be dealt with as such. They've been there. They've experienced life at its lowest ebb, and they

WATCH on
D2DNetwork.tv



Sexual purity is the focus of this program. It deals head-on with sensitive issues in a tasteful, enlightening, yet non-condescending manner.

Mon-Thur 11:00 p.m., Fri. 9:00 p.m.,
Sat 2:30 p.m. and 9:30 p.m. (CST)

Upholding Each Other

by C. A. Murray



In his book, *Wind and Fire*, Bruce Larson points out some interesting facts about sandhill cranes. These large, majestic birds fly long distances across continents and, have three remarkable qualities. First, they rotate leadership; no one bird stays out in front all the time. Second, they choose leaders who can handle turbulence. And third, during the time a particular bird is leading, the rest are honking their affirmation.

A GOOD MODEL

That is a good model for the church—and for ministries. Certainly we need leaders who can handle the earth-borne turbulence that comes to all those who seek to follow and serve the Lord. But additionally, we do well to understand that leadership should be



C. A. Murray is the general manager for 3ABN Proclaim! and also hosts and produces the *3ABN Today* program. His wife Irma is a producer for 3ABN Latino.

shared, following the Moses/Jethro model from the book of Exodus. Even if one person is responsible for the final decision, the Bible

dictum that, “In the multitude of counselors there is safety,” is a model that all good leaders ought to adopt. But perhaps most important of all, we need a church where we are all honking our encouragement.

That’s what’s so wonderful about working at 3ABN. Leadership is shared. We all wear many hats and make numerous decisions in any number of service areas. Second, the leadership core of this ministry is battle tested, and by the grace of God, has fought and won many battles with the enemy of souls—as well as his emissaries! And last, perhaps one of the greatest testaments to the atmosphere that pervades this ministry is the God-breathed fact that there is heartfelt cheering and encouragement of the accomplishments and successes of others.

SOLID EVIDENCE

Ellen White cautions Christian workers that just because an idea is proffered and there is universal agreement and no dissenting voices, it does not necessarily mean that it is from the Lord. Sometimes the voice raised in opposition is the one articulating the will of God. As true as

that sentiment is, it is also true that the kindness and humility that marks the way divergent opinions are expressed is

prove in their messages that they can handle the tough questions and issues facing today’s viewers—both Christians

Certainly we need leaders who can handle the earth borne turbulence that comes into the lives of all those who seek to follow and serve the Lord.

solid evidence of the presence of the Lord in the lives of His workers.

I am constantly told that this is in evidence on 3ABN’s Proclaim! Network. The preachers and teachers fly high, but a variety of speakers take the spiritual lead in different programs. These presenters

and non-Christians alike. And finally, all the messages agree doctrinally, upholding the others and cheering them on; their agreement lends encouragement to the other messengers and their messages.

May I invite you to watch 3ABN Proclaim! and prove these things true! ☺



PHOTO: JUCE BAKER

3ABN Staff



Yamal 401
Satellite Coverage

Opening DOORS

by Julia Outkina

• Nizhny Novgorod



There are 88 million TV sets in Russia



40% of Russian people are accustomed to having their TVs on, even if they do not plan to watch anything.



75% of Russians watch their TV every day.



Another 10% watch TV 3 to 5 times a week.

The Lord opened a door for 3ABN Russia in November 2014 that we could only have dreamed of, by allowing 3ABN Russia to go on satellite!

Here are the words of one of our viewers:

“Hello! My name is Natalia and I began looking for God a long time ago. Not knowing how to pray, I simply asked, ‘Lord, come to me! Reveal Yourself to me! My family has gone wrong, and my life has, too.’ I began changing channels, and accidentally came across one of your programs. I don’t remember what the program was, but continued watching. Since then, my family situation has improved because my thinking, and how I see others around me, has changed.”

Here are the words of one of our young viewers from Irkutskiy Region:

“Hello! I’m happy to watch your channel every day! There are many interesting things there—stories, songs, and crafts for kids. I have a younger brother named Antoshka. He watches your programs with me, and all our family watches stories about God and His great works.”

Growing Numbers

According to statistics, Internet broadcasting in Russia is still in its infancy, but growing. However, there are 88 million TV sets in Russia, and three-quarters of Russians watch every day, while another ten percent watch three to five times per week. In addition, 40 percent of Russian people are accustomed to having their TVs on—even if they don’t plan on watching anything.

The Lord, Himself, has opened the door of TV satellite broadcasting for us, and He gives us wisdom from above on how to help all the cable operators know about our channel.

When we first went on satellite, we signed contracts with just four operators, which gave us access to the TVs in four Russian cities. We understood it would be very difficult to overcome the resistance of the world, but our Lord Jesus overcame the world.

So we made every effort to put together a comprehensive list of our potential re-broadcasters and started calling them, while at the same time,

praying intensely. We had 3ABN Prayer Warriors involved in a prayer chain around the world—and the numbers of the cable stations started increasing! Praise the Lord, we now have contracts

The Lord, Himself, has opened the door of TV satellite broadcasting for us.... [He] encourages us to move forward in spite of any obstacles.

with 42 cable operators, giving us permanent access to television screens in 107 cities!

One of the biggest companies who recently signed a contract with us is Home AP.TV, the leading content aggregator in the IPTV market in Russia. Its network covers 29 regions of the country, and 50 large cities!

Moscow Convention

The Lord has also directed us to an international convention of cable companies in Moscow, called CSTB. We partici-

pated last year, and this past January, we presented the “Three Angels” channel there for the second time.

This convention is one of the main tools by which 3ABN Russia can become known to all Russian cable operators, who in turn, could give us access to all their subscribers.

The Lord encourages us to move forward, in spite of any obstacles that the world presents to us, in obtaining new cable companies. Jesus says that when the message of salvation finally reaches every man, then comes the long-awaited day of His Second Coming!

Thank you, dear readers, for your faithful prayers and financial support that help us move forward with the work the Lord has entrusted to us! ☺



Julia Outkina is 3ABN Russia’s executive director, and has been with us since 1992. Her passion is to win souls for Christ through 3ABN Russia’s ministry and her personal testimony.

EMPOWERED!

by John Lomacang

When we think of the capabilities of the church, it's hard to think that we need any more inventory to accomplish the call to evangelism. Equipping to evangelize extends far beyond better methods, updated materials, attractive literature, and contemporary approaches. Allow me to illustrate by sharing an experience that, as a second year pastor, I knew the Lord had a hand in.

I purchased my first computer back when Radio Shack was a preferred brand. (Now don't fall off of your chair—that was a while ago!) The boxes finally arrived, and with anxious eyes, I unpacked them and connected all the peripheral components quickly. Then proudly, I called my wife into the office to show her our new computer.

"Here goes!" I announced, as I pushed the power button.

Nothing! I mean absolutely nothing happened!

I checked and rechecked the connections until my frustration led me to call tech support. Their first question was, "Did you plug in the computer?"

A quick, embarrassing glance at the wall led me to silently hang up, crawl under my desk, and plug the computer into the outlet. And when I stood up, my wife's facial expression said it all. The computer came to life after I made the most essential connection. (I'm sure I found a way to make the point that power is the greatest need the church has to evangelize the world during my sermon that Sabbath!)

NEEDED: POWER

We have all the equipment—the institutions, doctrines, education, and churches—but without the Holy Spirit's power, "Nothing! I mean absolutely nothing" will be accomplished.

Just before Jesus ascended to Heaven, He told His disciples to get connected. "But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth." Acts 1:8.

How do former fishermen, a converted tax collector, a boisterous pair of brothers, a faith-challenged apostle, and a group of uneducated converts turn the world upside down? By getting connected to the Power!

Ellen White writes, "If you work,

TOTAL DEPENDENCE

Who does the work? "It is God who works in you both to will and to do for His good pleasure." Philippians 2:13. What can we do without Jesus? "I am the vine, you are the branches. He who abides in Me, and I in him, bears much

How do former fishermen, a converted tax collector, a boisterous pair of brothers, a faith-challenged apostle, and a group of uneducated converts turn the world upside down? By getting connected to the Power!

making the Lord your dependence, be assured that the Lord always helps the humble, meek, and lowly. But you need the working of the Holy Spirit upon your heart and mind, in order to know how to do Christian help work.

"Pray much for those you are trying to help. Let them see that your dependence is upon a higher power, and you will win souls."¹

The simple truth is that, apart from Christ, we're powerless and disqualified to accomplish the work of winning souls.

We are chosen to labor with Christ, but make no mistake—the winning of souls is actually accomplished through us, and not by us.

fruit; for without Me you can do nothing." John 15:5.

We are instruments, created to be the conduit through which God finishes His work. He is the active Power working on us, in us, and through us. However, the mysterious element is that God gives us the credit for a work that He does. That's divine love!

So, the next time you unpack your qualifications and connect your spiritual peripherals, don't forget to get plugged in. ☺



John Lomacang is 3ABN's director of World Evangelism. He pastors our local church and is an author, singer/songwriter, and host of *House Calls* and *A Sharper Focus*. His wife Angela works for 3ABN Radio.

¹ Ellen G. White, *Welfare Ministry*, p. 244.



Welcome to the Team

by Brenda Walsh

I'm so excited to introduce our newest employee who has recently joined our Kids Network family. Debbie Thompson Kippel is our new program development manager. She comes to us with a wealth of experience and is an incredible asset to our team. I believe beyond a shadow of a doubt that God chose her for this job, and she is definitely an answer to prayer.

Wealth of Experience

Debbie has over twenty years experience in the television industry and is passionate for all things *media*. In addition to being a television producer and director, she has experience as an on-camera host,

video editor, videographer, jib camera operator, and writer. She also has extensive experience in lighting, audio, and all aspects of pre- and post-production. In a nutshell—she does it all! There's no doubt that all her experience will serve her well in this role of developing new programs for our Kids Network.

Our television viewers will recognize Debbie from the popular *Sabbath School Study Hour* with Doug Batchelor produced *live* each week. She has been leading song service on this program for sixteen years!

New Programs

Debbie has already hit the road running and is hard at work on a Bible game show called *Bible Bowl* where Pathfinders raise money for missions. This program is scheduled to tape for three weeks in July, so if any Pathfinder teams out there would like to be a part of this game show, please contact Debbie as soon as possible.



Joel Baker and Debbie working on location in India.

PHOTO: NELLISA HOFFMAN



Debbie singing on the *Sabbath School Study Hour*.

Other programs currently being developed include:

Earliteen Sabbath School—similar to the popular *Sabbath School Study Hour* with Doug Batchelor.

Morning Worship program—targeted for kids ages 10–14 that will be recorded in September.

Biblical Archeology—discovering the Bible's hidden treasures.

Reality Wilderness Adventure—learning about God's creation.

More About Debbie

Debbie is married to Eric Kippel and they have two boys, Jack and William. One of the benefits of her job is that she can work from home, so there's no need to relocate. In addition to all of her many talents, Debbie is also a talented photographer who has photographed numerous weddings, portraits, and events.

Program Ideas

If you have program ideas that you would like to see on the network, don't hesitate to contact Debbie. I'm sure she would love to hear from you. Her email is debbie@3abnkids.com.

Please join me in extending a warm welcome to Debbie as she takes on this important task, and I'm sure she would appreciate your prayers, as well.



Eric, William, Debbie, and Jack Kippel.

We Need Your Help

If you would like to see more Christ-centered programs for kids, please prayerfully consider supporting 3ABN's Kids Network. The need is great not only for production costs, but also to build our new children's studio. If the Holy Spirit impresses, please send your tax-deductible love gifts to 3ABN's Kids Network, Post Office Box 220, West Frankfort, Illinois, 62896, or call us at 618-627-4651. You may also donate online through PayPal from many countries at 3abnkids.com. Thank you for all you do for this ministry and for God's children around the world. ☺



Brenda Walsh is the general manager of 3ABN Kids Network, as well as producer/host of Kids Time and Kids Time Praise. She is a published author, singer, cook, and international speaker. She is married to Tim, and they have two daughters and four grandchildren.

Elephants

by Mellisa Hoffman

When your alarm goes off in the morning, do you know what makes your eyes open? That's right . . . your brain! Your brain is full of nerve cells called neurons that cause you to do everything from opening your eyes to solving the most complicated math problem. Scientists estimate that the human brain has around one hundred billion neurons.

Since humans are the most intelligent creatures on the planet, it makes sense for them to have the most neurons, but you'll be surprised to know that elephants actually have three times as many neurons in their brains as humans do! Even though most of their neurons are dedicated to controlling their extra large bodies, elephants are very, very smart. And they have amazing memories! Once they learn something, they never forget it.

Elephants are known for using tools. They will use sticks to swat away flies and to scratch themselves. If that stick happens to be dirty, they will wash it off in some water or hit it against a tree to knock off any excess dirt. A thirsty elephant will also dig holes in the ground to get a drink of water. Afterward, they have been seen tearing the bark from a tree, chewing it up into a ball, and then placing the ball into the hole to keep the water from evaporating. The next time they are thirsty, they'll return to the same hole for another drink.

The bad thing about being so smart and having a nearly perfect memory is that elephants have a difficult time forgetting. People who

train elephants tie heavy ropes or chains around their legs to prevent them from escaping. Once an elephant realizes it cannot break free, it will stop fighting and give in to its captivity. If an elephant is kept captive long enough, a simple string tied around its foot is all that is needed to control it.

Sometimes, the mistakes we make are not easy to forget. They are like thick ropes that keep us tied to our past. We might not feel like we'll ever be able to be free, but we must never give up! Jesus wants us to just keep trying. If we would look again, we'll notice that it's just weak, flimsy string that has us tied to our mistakes. Jesus has already given us the power to break free, and we will gain the victory if we keep our eyes on Him! ☺



Some elephants even know how to use a paintbrush and paint pictures.



Miss Brenda, Debbie Thompson Kippel, and I recently traveled to India with Maranatha Volunteers International. This photo was taken during our early morning elephant safari.



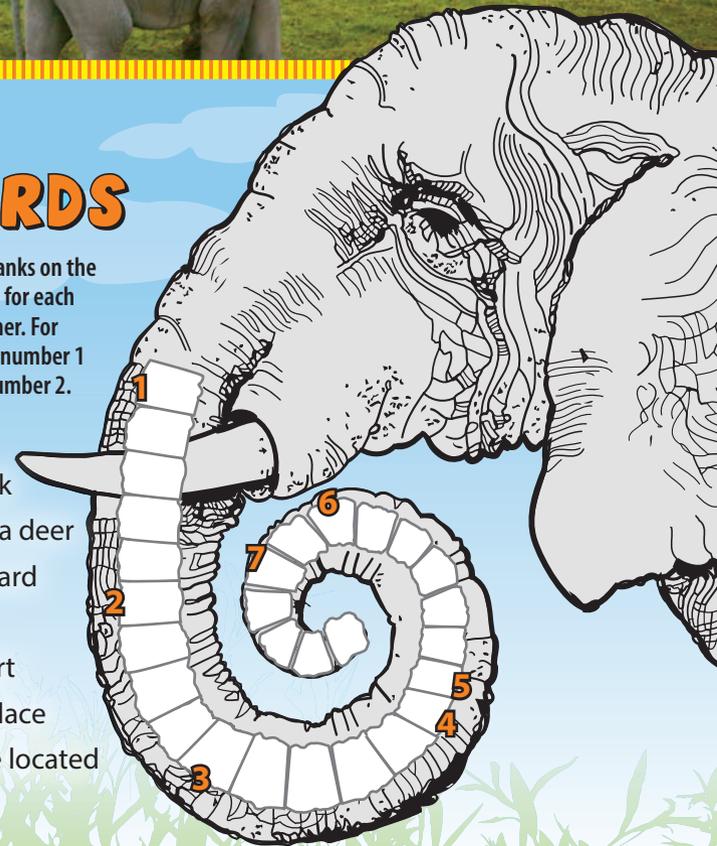
Bible Verse:
 "Forget the former things;
 do not dwell on the past."
 Isaiah 43:18 NIV

TRUNK OF WORDS

Using the clues, fill in the blanks on the elephant's trunk. The letters for each answer will overlap each other. For example, the last letters for number 1 will be the first letters for number 2.

Clues:

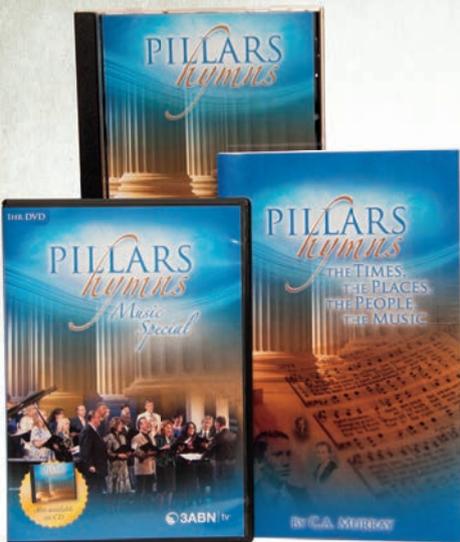
1. Animal with a trunk
2. Branched horn on a deer
3. Clears the blackboard
4. Intelligent
5. Karate is a _____ art
6. A scientist's workplace
7. Where neurons are located



Answers: 1. Elephant 2. Antler 3. Eraser 4. Smart 5. Martial 6. Lab 7. Brain

3ABN MINISTRY MATERIALS

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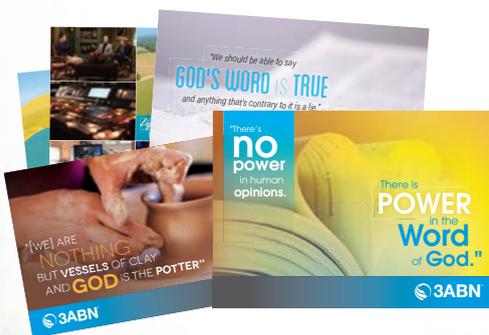
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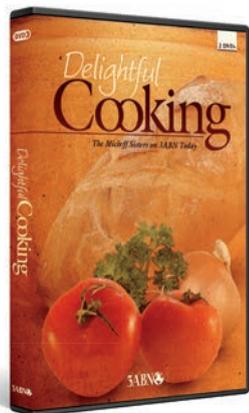


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3ABN TV SCHEDULE MAY 2016

FOR A COMPLETE SCHEDULE OF ALL THE NETWORKS PLEASE VISIT [HTTP://3ABN.ORG/SCHEDULE](http://3abn.org/schedule)

For Pacific time -2 hours • Mountain time -1 hour • Eastern time +1 hour **CC** = Closed Captioned. **L** = Live program.

★ = New series. **Ⓛ** = Repeat of live program. **Program titles in red are changes effective this month.**

CST	SUNDAY	CST	MONDAY
2:00a	Anchors of Truth CC	2:00a	Life Discovery Series (Jim Reinking) CC
2:30		2:30	
3:00	Featured Ministries CC	3:00	Homecoming 2015 CC
3:30	Marriage in God's Hands ★ CC	3:30	
4:00	In the Beginning (Stan Hudson)	4:00	Eleventh Hour Evidence
4:30		4:30	...(David Asscherick) CC
5:00	Revelation Now (Jac Colon) CC	5:00	Praise! (Kelly Mowrer)
5:30		5:30	Wonderfully Made CC
6:00	Body & Spirit Aerobics (Dick Nunez) CC	6:00	Body & Spirit (Dick Nunez) CC
6:30	Heart Lift (Jill Morikone) CC	6:30	Pressing in to His Presence (Shelley Quinn) CC
7:00	Kids Time (Brenda Walsh) CC	7:00	Digging Up the Past (David Down) CC
7:30	Praise! (Kelly Mowrer)	7:30	Ultimate Prescription (Dr. James Marcum) CC
8:00	3ABN Today	8:00	3ABN Today
8:30		8:30	
9:00	Stones of Remembrance CC	9:00	House Calls (John Lomacang) CC
9:30	Adventures in Missions CC	9:30	
10:00	Focus on God's Word CC	10:00	Free Indeed (C. A. Murray) CC
10:30		10:30	Books of the Book CC
11:00	Inspirational Hour CC	11:00	Revelation of Hope (Taj Pacleb) CC
11:30		11:30	
12:00p	Melody From My Heart	12:00p	Behold the Lamb Presents
12:30	Grace Pipeline (Shelley Quinn) CC	12:30	...(Kenny Shelton) CC
1:00	A Sharper Focus (John Lomacang) Ⓛ	1:00	Off the Grid CC
1:30		1:30	Abundant Living (Curtis & Paula Eakins) CC
2:00	Body & Spirit CC	2:00	Action 4 Life (Casio Jones) CC
2:30	Tiny Tots for Jesus (Linda Johnson) CC	2:30	Heaven's Point of View (Frank Fournier) CC
3:00	3ABN Today LIVE Ⓛ	3:00	3ABN Today CC
3:30		3:30	
4:00		4:00	Tiny Tots for Jesus (Linda Johnson) CC
4:30		4:30	Kids Time (Brenda Walsh) CC
5:00	The Carter Report (John Carter) CC	5:00	Liberty Insider (Lincoln Steed) CC
5:30		5:30	Help in Daily Living CC
6:00	Books of the Book CC	6:00	Grace Pipeline (Shelley Quinn) CC
6:30	Cook:30 (Jeremy Dixon) CC	6:30	Global Mission Snapshots CC
7:00	Revelation of the Coming King	7:00	Celebrating Life in Recovery CC
7:30	...(Ranko Stefanovic) CC	7:30	...(Cheri Peters)
8:00	3ABN Today	8:00	3ABN Today CC
8:30		8:30	
9:00	Table Talk CC	9:00	Anchors of Truth CC
9:30		9:30	
10:00	It Is Written Canada (Chris Holland) CC	10:00	The Carter Report (John Carter) CC
10:30	Help in Daily Living CC	10:30	
11:00	3ABN Today	11:00	3ABN Today
11:30		11:30	
12:00a	Secrets Unsealed Presents...	12:00a	ASI Conventions CC
12:30	...(Stephen Bohr)	12:30	
1:00	Celebrating Life in Recovery	1:00	Books of the Book CC
1:30	...(Cheri Peters) CC	1:30	Battles of Faith CC



TO ORDER, go to 3ABNSTORE.COM, use the attached envelope, or call 618-627-4651 during regular business hours.

CST	TUESDAY	CST	WEDNESDAY
2:00a	Stones of Remembrance CC	2:00a	Celebrating Life in Recovery CC
2:30	Descendants of Abraham (Shakeela Yasuf) CC	2:30	...(Cheri Peters)
3:00	Melody From My Heart	3:00	Revelation Insights (Lyle Albrecht) CC
3:30	Free Indeed (C. A. Murray) CC	3:30	
4:00	House Calls (John Lomacang) CC	4:00	Digging Up the Past (David Down) CC
4:30		4:30	Thunder in the Holy Land (Charles Byrd) CC
5:00	Heaven's Point of View (Frank Fournier) CC	5:00	White Horse Media Presents (Steve Wohlberg) CC
5:30	Cook:30 (Jeremy Dixon) CC	5:30	Adventures in Missions CC
6:00	Body & Spirit Aerobics (Dick Nunez) CC	6:00	Body & Spirit (Dick Nunez) CC
6:30	Exalting His Word (Shelley Quinn) CC	6:30	ASI Video Magazine (Dan Houghton) CC
7:00	Special Feature CC	7:00	Amazing Facts Presents... (Doug Batchelor) CC
7:30		7:30	Help in Daily Living CC
8:00	3ABN Today LIVE	8:00	3ABN Today
8:30		8:30	
9:00		9:00	Keepers of the Flame CC
9:30		9:30	Walking with Jesus (Garloff)/Grandma's House (Neal) CC
10:00	Heaven's Point of View (Tom Shepherd) CC	10:00	Melody From My Heart
10:30	Pressing in to His Presence (Shelley Quinn) CC	10:30	Liberty Insider (Lincoln Steed) CC
11:00	Featured Ministries CC	11:00	Table Talk CC
11:30	Books of the Book CC	11:30	
12:00p	The Revelation of Jesus Christ CC	12:00p	3ABN On the Road CC
12:30	...(Kenneth Cox)	12:30	
1:00	Hope in Motion	1:00	Issues and Answers CC
1:30	Cook:30 (Jeremy Dixon) CC	1:30	Abundant Living (Curtis & Paula Eakins) CC
2:00	Body & Spirit CC	2:00	Action 4 Life (Casio Jones) CC
2:30	Heart Lift (Jill Morikone) CC	2:30	Back to Our Roots (Alex Schlussler) CC
3:00	3ABN Today	3:00	3ABN Today
3:30		3:30	
4:00	Tiny Tots for Jesus (Linda Johnson) CC	4:00	Tiny Tots for Jesus (Linda Johnson) CC
4:30	Kids Time (Brenda Walsh) CC	4:30	Kids Time (Brenda Walsh) CC
5:00	Kids Time Praise CC	5:00	Revelation Now (Jac Colon) CC
5:30	Marriage in God's Hands CC	5:30	
6:00	House Calls (John Lomacang) CC	6:00	Revelation of the Coming King CC
6:30		6:30	...(Ranko Stefanovic)
7:00	Secrets Unsealed Presents...	7:00	A Sharper Focus (John Lomacang)
7:30	...(Stephen Bohr)	7:30	
8:00	3ABN Today	8:00	3ABN Today
8:30		8:30	
9:00	Behold the Lamb Presents CC	9:00	Amazing Facts Presents... (Doug Batchelor) CC
9:30	...(Kenny Shelton)	9:30	Books of the Book CC
10:00	Revelation Insights (Lyle Albrecht) CC	10:00	It Is Written CC
10:30		10:30	Stones of Remembrance CC
11:00	3ABN Today	11:00	3ABN Today CC
11:30		11:30	
12:00a	Heaven's Point of View (Hal Steenson) CC	12:00a	A Sharper Focus (John Lomacang)
12:30	Exalting His Word (Shelley Quinn) CC	12:30	
1:00	Contending for the Faith (Clifford Goldstein) CC	1:00	In the Footsteps of Paul (Tony Moore) CC
1:30	Ultimate Prescription (Dr. James Marcum) CC	1:30	Melody From My Heart

CST	THURSDAY	CST	FRIDAY
2:00a	Books of the Book CC	2:00a	3ABN Today LIVE (continued)
2:30	Grace Pipeline (Shelley Quinn) CC	2:30	
3:00	Up Close	3:00	Revelation of Hope (Taj Pacleb) CC
3:30		3:30	
4:00	Remodeling Your Life (Jim Ayer) CC	4:00	Liberty Insider (Lincoln Steed) CC
4:30	Issues & Answers CC	4:30	Battles of Faith CC
5:00	Origins (Terry McComb) CC	5:00	Sabbath School Study Hour CC
5:30		5:30	
6:00	Body & Spirit Aerobics (Dick Nunez) CC	6:00	Body & Spirit (Dick Nunez) CC
6:30	Hope in Motion CC	6:30	His Words Are Life (Mowrer)/Grandma's House (Neal) CC
7:00	Homecoming 2015 CC	7:00	Revelation Now (Jac Colon) CC
7:30		7:30	
8:00	3ABN Today	8:00	3ABN Today
8:30		8:30	
9:00	Stop Smoking Clinic (Arthur Weaver) CC	9:00	Behold the Lamb Presents CC
9:30		9:30	...(Kenny Shelton)
10:00	Wonderfully Made CC	10:00	Health for a Lifetime (Don Mackintosh) CC
10:30	Heart Lift (Jill Morikone) CC	10:30	It Is Written Canada (Chris Holland)
11:00	Celebrating Life in Recovery	11:00	Secrets Unsealed Presents...
11:30	...(Cheri Peters) CC	11:30	...(Stephen Bohr) CC
12:00p	Ultimate Prescription (Dr. James Marcum) CC	12:00p	Revelation of the Coming King CC
12:30	Marriage in God's Hands CC	12:30	...(Ranko Stefanovic)
1:00	Books of the Book CC	1:00	Remodeling Your Life (Jim Ayer) CC
1:30	Let's Cook Together CC	1:30	Cook:30 (Jeremy Dixon) CC
2:00	Body & Spirit (Dick Nunez) CC	2:00	Action 4 Life (Casio Jones) CC
2:30	Melody From My Heart	2:30	Steps to Christ in Song CC
3:00	3ABN Today	3:00	3ABN Today
3:30		3:30	
4:00	Tiny Tots for Jesus (Linda Johnson) CC	4:00	Tiny Tots for Jesus (Linda Johnson) CC
4:30	Kids Time (Brenda Walsh) CC	4:30	Kids Time (Brenda Walsh) CC
5:00	Liberty Insider (Lincoln Steed) CC	5:00	Featured Ministries CC
5:30	Heaven's Point of View (Tom Shepherd) CC	5:30	Melody From My Heart CC
6:00	The Carter Report (John Carter) CC	6:00	Homecoming 2015 CC
6:30		6:30	
7:00	Sabbath School Study Hour	7:00	Anchors of Truth
7:30		7:30	
8:00	3ABN Today LIVE	8:00	3ABN Today CC
8:30		8:30	
9:00		9:00	It is Written CC
9:30		9:30	Maranatha Mission Stories CC
10:00	Kenneth Cox Ministries CC	10:00	Global Mission Snapshots (Gary Krause) CC
10:30		10:30	Hope in Motion
11:00	3ABN Today	11:00	3ABN Today
11:30		11:30	
12:00a	Table Talk CC	12:00a	A Sharper Focus (John Lomacang)
12:30		12:30	
1:00	3ABN Today LIVE	1:00	Breath of Life (Carlton Byrd) CC
1:30		1:30	Thunder in the Holy Land (Charles Byrd) CC

CST	SATURDAY
2:00a	Praise! (Kelly Mowrer)
2:30	In the Footsteps of Paul (Tony Moore) CC
3:00	Give Me the Bible (Kenneth Cox)
3:30	
4:00	Focus on God's Word CC
4:30	
5:00	Breath of Life (Carlton Byrd) CC
5:30	Digging Up the Past (David Down) CC
6:00	It Is Written CC
6:30	Tiny Tots for Jesus (Linda Johnson) CC
7:00	Kids Time Praise CC
7:30	Kids Time (Brenda Walsh)
8:00	3ABN Today
8:30	
9:00	Sabbath School Study Hour CC
9:30	
10:00	Kenneth Cox Ministries CC
10:30	
11:00	Worship Hour CC
11:30	
12:00p	Anchors of Truth CC
12:30	
1:00	New Perceptions (Dwight Nelson) CC
1:30	
2:00	Eleventh Hour Evidence CC
2:30	...(David Asscherick)
3:00	3ABN Today CC
3:30	
4:00	Maranatha Mission Stories CC
4:30	Kids Time (Brenda Walsh) CC
5:00	Kids Time Praise
5:30	Tiny Tots for Jesus (Linda Johnson) CC
6:00	Laymen Ministries (Jeff Reich) CC
6:30	Thunder in the Holy Land CC
7:00	Breath of Life (Carlton Byrd) CC
7:30	White Horse Media Presents (Steve Wohlberg) CC
8:00	3ABN Today
8:30	
9:00	Contending for the Faith (Clifford Goldstein) CC
9:30	Books of the Book
10:00	Pressing in to His Presence CC
10:30	Making Waves (Jim Ayer) CC
11:00	3ABN Today
11:30	
12:00a	Special Feature CC
12:30	
1:00	GYC 2014 CC
1:30	

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COOK:30.2

One of the more pleasurable activities of daily life is eating, and good food is healthy for our body and enjoyable to our eyes and taste buds. However, we are challenged to learn which foods help create optimal health, and how to minimize the preparation time of balanced nutrition in our “starved-for-time” lifestyles.

Perhaps that explains why *Cook:30* has become one of the most popular cooking series ever aired on 3ABN, and now we have more exciting news! We are launching the second season of *Cook:30* this month, and you won't want to miss it. Chef Jeremy Dixon brings us another 24-episode season, showing us how to use plant-based whole foods to cook full meals from scratch that are ready to serve in just 30 minutes!



Jeremy Dixon on set of *Cook:30.2*.

A LIFELONG DEVOTION

Jeremy has devoted his life to sharing healthy and delicious food with others. In 2005, he opened the popular Revive Cafés in Auckland, New Zealand, where he serves 3,000 people each week. He's written five best-selling cookbooks, including the companion cookbook for his first *Cook:30* series.

“For all the *Cook:30* programs, I call upon my ten years of experience in running cafés to create my recipes and develop preparation techniques,” he says. “In the café business you survive by employing efficient techniques and serving yummy foods.”

The new second season will be called *Cook:30.2*, and will again feature the same healthy principles Jeremy uses in his cafés. His flavorful recipes are prepared using vegetarian protein sources like chickpeas, beans, lentils, tofu, nuts; whole grains like brown rice, and quinoa; as well as fresh fruit and vegetables. He then expertly combines them with international flavors and herbs and spices.

“In today's society, people are searching for a fast and easy way to cook healthy, tasty meals,” he says. “I've been a regular guest on New Zealand's national television program, the *Good Morning* show,

CHECK OUT CHEF JEREMY DIXON'S WEBSITES:

WWW.REVIVE.CO.NZ WWW.COOK30.TV

sharing cooking tips through demonstrations. In the *Cook:30* series, I also focus on teaching time-saving tips in the kitchen. It is all about multitasking and having several dishes on the go at once.”

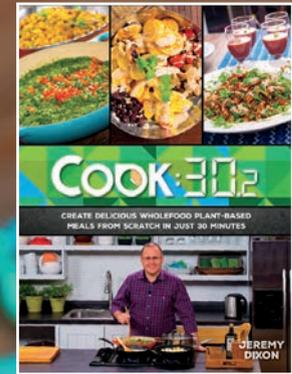
A HIT WITH THE CREW

Shelley Quinn, 3ABN's Program Development Manager, says, “*Cook:30* is an extremely popular program on 3ABN—not only with our viewers, but with our crew! They are always excited to taste all the dishes Jeremy makes, and not one morsel goes to waste. The *Cook:30* cookbook has become a best-seller, and we're excited that Jeremy agreed to host season two, and that he's created another beautiful companion cookbook for this second series.”

The *Cook:30.2* cookbook will capture all 24 meals in the series, with full-color photographs of each recipe. In addition, the hundreds of preparation and presentation photographs demonstrate how it's done, and instill confidence to try each recipe. It will be available for a suggested donation of \$25.00 from our online store: 3ABNstore.com.

“I have a passion for sharing health with people,” Jeremy says. “Life is too short to have bad health, and I believe that everyone should jump out of bed with energy and vitality every morning! That belief is what drives me every day to teach others what I have learned.”

Check out *Cook:30.2* and learn how to prepare food that will change your life! ☺



Available mid-June
Visit 3ABNstore.com

Suggested Donation \$25.00

WATCH COOK:30.2

Sun 6:30 p.m.; Tue 5:30 a.m.
and 1:30 p.m.; Fri 1:30 p.m.

SEARCHING FOR God

by Bobby Davis



PHOTO SUPPLIED

Tracy Clayton's story of how Jesus found and saved him touched our hearts. "For most of my youth and adulthood, my journey led me through a maze of dark, shadowy valleys and foggy mind-altering canyons in a lifestyle dominated by alcoholism and drugs," he says. "But I am alive in Christ today, and I am a grateful and productive member of my church and community."

A TROUBLED BEGINNING

Things weren't easy for Tracy in the beginning. "I was born in southern California, and as part of a dysfunctional family, I moved so many times during my childhood that I was barely able to complete a year in any school until I was 14," he says. "My dad dropped out of the picture when I was still a baby, so I lived with my mom and my older brother. Then Mom had three more children with another man, who also left.

"After all that, I moved back with my

dad. He was a janitor for a school, and we'd help him clean classrooms every day. He also had us doing gardening work, mowing yards and all that. It seemed like we were constantly working when we were kids."

But there were other problems, too. "In my early teens, we all got into marijuana. Soon I was drinking alcoholically and was also a heavy methamphetamine user. I remember feeling desperate, but I didn't know where to look for help.

"Although we went to church occasionally, I couldn't tell you what denomination it was. Dad would read the Bible to us on Sundays, and I remember praying to God and believing in Jesus. But none of us really knew who He was."

In spite of this, Tracy says the Holy Spirit was trying to reach him. "One evening, as I walked along a lonely road in the desert where we lived, I asked God to forgive me for the sins I continued to

commit. All of a sudden, I heard the Holy Spirit say, *Stop sinning!*

"Later in my life, I found myself asking God for a soul mate to share my life with, and the Holy Spirit answered, *Seek ye first the Kingdom of God and all these things shall be added unto you.* So I know God heard me, and was trying to reach me through any means possible."

FAILURES

As he began the tenth grade, Tracy asked his dad for permission to take a GED test and go into the military. "He said it was fine, and to his surprise, I got my GED and went into the National Guard. I stayed in there for twelve years, and worked on tanks at Ft. Erwin National Training Center. But we only got an average of three days off a month, and I lived 50 miles away; so I was always going and could never relax. Meth quickly became my drug of choice, and when my superiors finally asked me if I had a problem, I admitted it to them.

"At first, they tried to help me, but I kept messing up, so they got me out of their system, and I started doing handyman work."

A failed marriage, a failed relationship, and three children later, Tracy ended up in a remote area of Northern California.

"I felt a great need to get clean," he says, "and since this was a new place, I didn't know where to get drugs. Desperate for work, I began washing dishes in a local café in return for one free meal a day. And that's where I met Mary. She was the cook who was responsible for giving me that

meal. She understood me and loved me, and eventually became my wife."

FINDING TRUTH

But something was still missing, and there was an insistent yearning for God deep inside. "When I'd get home from work, I would channel surf, looking for truth," he says. "I know God was urging me to do that, and one day, I came across 3ABN on Dish Network. I didn't know what 3ABN was, but I knew that what they said matched Scripture. They backed every single message with Bible texts, and after a while, I realized that this was absolute truth.

"I only watched the sermons," he says, "but for the first time in my life, I saw Jesus



"I remember feeling desperate, but I didn't know where to look for help."

more clearly and developed an understanding of how my life should reflect His character. Then, one day, I got a card in the mail asking if I wanted to know what the Mark of the Beast was. I checked the yes box, mailed it back, and in a few days an Adventist woman came to my house and offered to give me Bible studies.

Testimony Cont.

“We studied together, and she helped me understand the Scriptures a lot better. All my questions were answered, and God’s Word came together like a fine weave of spiritual threads—perfectly interlocking with one another. I could finally see God’s love so clearly!”

CLEANING UP THE TEMPLE

Tracy says, “As I was watched 3ABN one day, a text came up on the screen that said our body was the temple of the Holy Spirit, and that we should take care of it, and keep it clean. *What an awakening!* I had *never* heard a preacher tell me that.

“I started with the meth, then I quit smoking those two packs of cigarettes a day, and finally, I quit drinking alcohol. For me it was one thing at a time, as the Lord took away my desire for those things. My habits changed, and before I knew it, the Lord had taken away all the desire.”

KEEPING THE SABBATH HOLY

When he completed his Bible studies, the lady who studied with him invited him to visit her church. “I’d been going to church on Sundays, but when I asked my pastor why we didn’t keep the Sabbath, he told me it didn’t matter, as long as we kept one day holy. I gave him all the Scriptures

in support of keeping the Sabbath, but he would not budge. Suddenly, I had a decision to make, and I walked out of that church for the last time. It was really clear to me: either we follow what God says, or we follow what man says.

“I visited the Sutter Hill Seventh-day Adventist Church, but sat in the back row, because I worked at the grocery store deli on Saturdays and was still in my uniform. (I also figured I could make a quick getaway, in case things got crazy!)

“It was a wonderful service, and when the pastor invited the congregation to come to the Garden of Prayer, I felt a great desire to join those who were kneeling at the front of the church. It was a beautiful experience I will never forget, and I felt so comfortable that I wanted to come back every Sabbath.”

Tracy asked his boss for Saturdays off, but was denied because it was the store’s busiest day. “Then the pastor helped me write a letter explaining my conviction to keep the Sabbath, and my boss finally agreed, but warned me that I would be cut back to part-time. That was okay, though, because I believed that if it was God’s will, then it would only be a blessing.”

And *what a blessing* it turned out to be! Tracy received new job training and

PHOTOS SUPPLIED



Tracy and Mary are active members of the Sutter Hill Seventh-day Adventist Church. “Not only are they a light to our church family, but also to the community,” says Pastor Daniel Yim. “They bring their neighbors to church and care for the well-being of those around them by taking them food baskets. It is an honor and privilege to serve with them.”

landed a position in food service at the Sutter Amador Hospital—with wonderful pay and benefits, and all his Sabbaths off!

“As I look back, I believe God put me where He could shape my character and build my faith,” Tracy says. “It also gave me the opportunity to share what I learned on 3ABN with my friends and co-workers.”

MARY

When Tracy met his wife Mary at the café, she was already attending church. But when he began worshiping in the Seventh-day Adventist church, she wasn’t very interested. Tracy’s pastor urged him to get baptized, but he kept holding off, hoping Mary would be baptized with him.

“She eventually came to church with me,” he says, “and then she accepted and believed the truths she learned there. I’m happy to say that we were baptized together in 2005 and have been there ever since! We have a wonderful church family here that we’re happy to be a part of. We both have positions in our church, and we’re committed to see it grow.”

Pastor Daniel Yim is enthusiastic. “The Sutter Hill Adventist Church has been blessed by the dedication and love that Tracy and Mary bring to our church

family,” he says. “They are both fully committed and dedicated to the message and work of our church, and they serve with their hearts and hands, letting those around them know how much Jesus is Savior and Lord. Not only are they a light to our church family, but also to the community they live and work in. They bring their neighbors to church and care for the well-being of those around them by taking them food baskets. Both Tracy and Mary are sincere Christians, reflecting the love of Christ in their daily lives, and it is an honor and privilege to serve with them here at Sutter Hill!”

Tracy concludes, “I know where I came from, who I was, and where God’s hand has led me. I hear His voice telling me, *I will never forsake you*, and I know He embraces me with His love and holds my hand as I walk in His guidance and grace. My wife and I feel His love like a river of blessings flowing over us, and our desire is to share this incredible love with others.

“Always turn to Jesus. If you don’t know Him, *get to know Him!* Your life will change, and you’ll be happy you did. We can’t see the end from the beginning, but once we get down the road, we see the changes—and they’re amazing!”

If you’re in or near Sutter Creek, California, you’re invited to worship with Tracy, Mary, and their church family. Sabbath School and Worship Services begin at 10:00 a.m. every Saturday at the SUTTER HILL SEVENTH-DAY ADVENTIST CHURCH, located at 12900 Ridge Road. They’d love to see you!



A Quest for Purity

by Jill Morikone

I sat down, happy to be spending some time with my friend. We didn't get to hang out as much as I liked, so today was extra special. My friend took a deep breath. I glanced up, and the teasing remark died on my lips. *Pain filled her eyes. When did that start? Why hadn't I noticed it before?*

"Vera,* what's wrong?" I leaned forward. "Are you having a hard day?"

Her eyes filled with tears as she impatiently brushed them away. "I'm fine, Jill. I don't want to talk about it."

Lord Jesus, what do I say? I reached out and touched her arm. "You don't have to tell me anything. But know that I'll pray for you. You're my friend! And whenever you're ready, I'm here."

"But I do want to talk." Her voice caught. "It's just that we're Christians, and I'm not supposed to struggle with this."

Who says Christians don't struggle? Why do we tell ourselves lies like this? Even as I thought that, her story tumbled out. How she'd met a guy at work. How he listened to her—much better than her husband seemed to. How they laughed and talked—without arguing like she and her husband did. How he made her happy. It'd been a long time since she felt this happy. Carefree.



Jill Morikone is the administrative assistant to 3ABN's president, a columnist for the *Adventist Review*, and involved in teaching Sabbath School and women's ministries. She's married to 3ABN production manager, Greg Morikone.

Deception

Even as she talked, I knew she wasn't happy. Pain was etched in her face. *Why is Satan so deceptive? Since when was an affair freeing? How does walking outside of God's will bring joy?* But yet, we deceive ourselves into thinking that going our own way, seeking our own pleasure, chasing our own desires will somehow bring happiness. All the while, we walk deeper into Satan's net.

Another friend once told me that she'd had several emotional affairs at the same time. Oh, she'd never told the men, and she'd never physically acted on any impulse. But the thoughts, the emotions of her heart, were involved. She wished that:

- Her husband would provide for her like her boss did for his wife;
- Her husband would pray for her like the elder at church did;
- Her husband would listen to her like her best friend's husband did;
- Her husband had a body like her favorite actor.

Comparisons are dangerous. They make us dissatisfied with the man God already gave us—*our husband*.

As women, we can be pretty good at building fairy tale stories, romanticizing someone else and their relationship. God has blessed me with an incredible husband, one who loves me unconditionally and seeks to lead me closer to Jesus. But, even with a godly husband like Greg, God calls me to guard my heart. To walk in purity. To put a check on any thought that leads to that slippery slope.

Who says Christians don't struggle? Why do we tell ourselves lies like this?

Greener Grass

God hasn't asked us to look over the fence, and see how green the neighbor's grass is. We're called to focus on our own marriage, to nurture it, to serve God *right where He's planted us*.

You may not have a peaceful, joyous marriage. You might be hanging on by a thread, wondering if there's any trickle of love left. But don't step over the fence! Don't give into Satan's lies of freedom and a pseudo love.

Instead, dig in where God's placed you. Ask forgiveness of your spouse for your bitter spirit, for your criticism, your nagging—for whatever you've done.

Seek to cultivate what's yours. Honor and respect your husband whether you feel it inside, or not. And watch as God pours His Spirit, His grace, His love into your dry and thirsty soil.

Watch as He rekindles your *own* marriage! ☺

*A pseudonym.

PHOTO: SHUTTERSTOCK.COM/SANDRA CUNNINGHAM

Tasty CABBAGE SLAW

From the kitchen of
Xenia Capote

Xenia Capote enjoys the culinary arts—in particular, she loves making her own recipes. She works in 3ABN's Accounting Department and is also a frequent guest on 3ABN Latino's family worship television programs.

Ingredients

- 5 cups green cabbage, finely sliced
- 1/2 cup carrots, shredded
- 1/2 cup Roma tomatoes, diced
- 1/4 cup cilantro, finely chopped
- 1/4 cup onions, cut in half and thinly sliced
- 2 Tbsp freshly squeezed lime juice
- 2 Tbsp vegan mayonnaise
- salt to taste
- Chinese (napa) cabbage leaves

Directions

1. Mix lime juice and mayonnaise together in a small bowl.
2. Mix all vegetables together in a deep bowl.
3. Add mayonnaise mix to vegetables. Mix well. Add salt to taste, and serve it on a Chinese (napa) cabbage leaf.



I'd like to share an easy recipe that my friend, Angie Canales, showed me when we catered a Mexican dinner. The beauty of this recipe is that you can rapidly adjust it to meet any circumstances.

Just add or subtract any ingredients, or change any of the quantities to your taste, but it will be more abundant and fresh if you shred the cabbage ahead of time and let it soak in cold water some hours prior to preparation.

As we say in Spanish, ¡Buen Provecho! (Enjoy!) ☺

Xenia Capote



WHAT IS PAIN?

by Dr. James Marcum

Because questions about pain are the most common questions we receive at our heartwiseministries.org website, I will write a series of articles on pain. Each time I will cover some aspect of pain, and a good place to start is to explain what pain is.

“SOMETHING IS NOT RIGHT”

Pain is an unpleasant feeling, often caused by damaging stimuli. The unpleasant feelings let us know “something is not right,” and hopefully, the cause of the pain can be identified and the stimuli of pain removed.



Pain can be physical or mental, and most pain goes away when the cause is removed. Sometimes, however, pain arises and the cause cannot be identified. It's also the most common reason a person consults with a provider.

PAIN TERMINOLOGY

All pain is perceived and processed by our nervous system, which includes our brain. Sometimes pain is caused by the stimulation of the peripheral nerves

Pain can be a physical or a mental, and most pain goes away when the cause is removed.

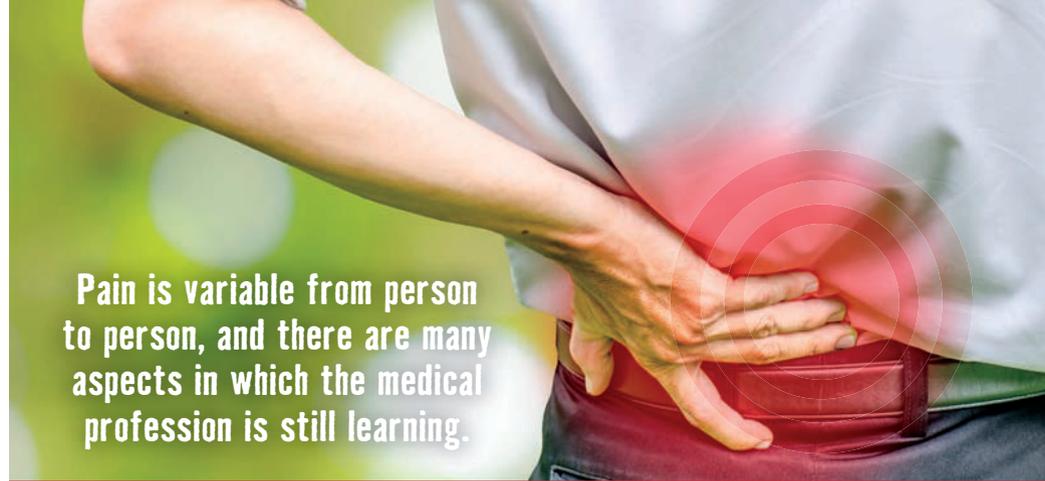
by mechanical, thermal, or chemical damage. This is termed nociceptive pain.

Neuropathic pain is caused by damage or disease affecting the nerves. Many medical conditions can cause this type of pain, including nutritional deficiencies, diabetes, medications, or inflammatory conditions. This might manifest as a burning, tingly, or pins and needles type of pain.

Sometimes pain is caused by the nerves functioning abnormally. This is termed dysfunctional pain.

If pain continues beyond six months, it is termed chronic pain. Another definition of chronic pain is the pain that extends beyond the expected period of healing. Unfortunately, chronic pain is common, and the 100 million medications out there help only 50 percent of those who suffer from it.

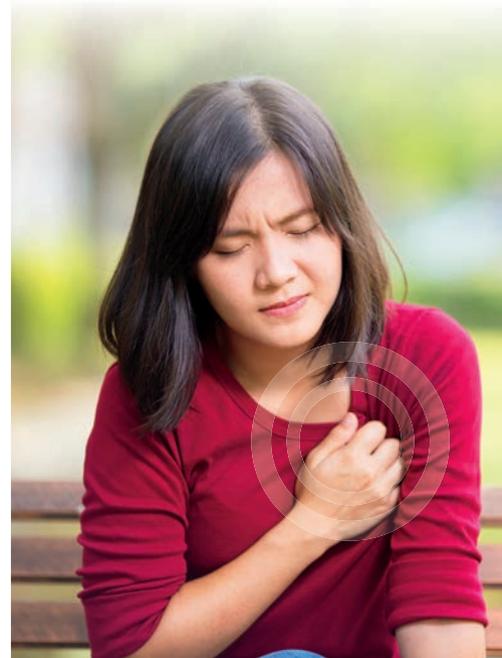
Pain is variable from person to person, and there are many aspects in which the medical profession is still learning.



Pain is variable from person to person, and there are many aspects in which the medical profession is still learning. In the upcoming articles, pain in different parts of the body will be addressed.

UNDERSTANDING PAIN

Remember, pain is abnormal, and is a warning that “something is not right.”



Nerves detect the abnormality, transfer the information to the spinal canal, and eventually send that information to the brain. Genetics, brain function, and underlying disease states are a few of the many variables that determine how our body interprets pain.

Trauma and nociceptive pain are the most common causes of acute pain, while the most common chronic pains are back pain (which involves one in four persons), arthritis, headaches, and nerve damage.

As we learn about this important topic, let's pray for each other, and ask the Ultimate Physician to help us understand pain. 🙏

James L. Marcum M.D. FACC is a board certified, practicing cardiologist who also serves as speaker/director for Heartwise Ministries. His latest books, *Medicines that Kill*, and *Ultimate Prescription*, are available from 3ABN.



www.heartwiseministries.org

The BLUE ROSE

by Hal Steenson

As I grabbed my keys, I wondered, *Why do I always have to be the one who starts to do laundry and discovers that there's no detergent? I guess it's time for my Dollar Store run.* As I walked out the door, I went down the other items on my mental list: *Light bulbs, paper towels, trash bags, and Clorox.*

I scurried around the store, gathered up my goodies, and headed for the checkout counter, only to be blocked in the narrow aisle by a young man who appeared to be about 16 years old. I wasn't in a hurry, so I patiently waited for the boy to realize I was there.

Then suddenly, he waved his hands excitedly in the air and declared in a loud voice, "Mommy, I'm over here!"

It was obvious now, he was mentally challenged, and also shocked when he turned and saw me standing so close to him, waiting to squeeze by. His eyes widened and surprise exploded on his face as I said, "Hey buddy, what's your name?"

"My name is Denny, and I'm shopping with my mother," he responded proudly.

"Wow," I said, "that's a cool name. I wish my name was Denny, but it's Hal."

"Hal, like Halloween?" he asked.

"Yes," I answered. "How old are you Denny?"

"How old am I now Mommy?" he asked, as she slowly came over from the next aisle.

"You're fifteen, Denny. Now be a good boy and let the man pass by."

I acknowledged her and continued to talk to Denny for several more minutes about summer, bicycles, and school. I watched his brown eyes dance with excitement because he was the center of someone's attention. He then abruptly turned and headed toward the toy section.

Denny's mom had a puzzled look on her face as she thanked me for taking the time to talk with her son. She told me that most people don't even look at him, much less talk to him.

"IF SOMEONE DOESN'T STOP AND SMELL THAT ROSE WITH THEIR HEART, OR TOUCH THAT ROSE WITH THEIR KINDNESS, THEN THEY'VE MISSED A BLESSING FROM GOD."

I told her that it was my pleasure, and then I said something that puzzled me, because I had no idea where it came from—other than the prompting of the Holy Spirit. I told her that there are plenty of red, pink, and yellow roses in God's garden; however, blue roses are very rare, and should be appreciated for their beauty and distinctiveness.

"You see, Denny is a Blue Rose, and if someone doesn't stop and smell that rose with their heart, or touch that rose with their kindness, then they've missed a blessing from God."

She was silent for a second, and then, with a tear in her eye, she asked, "Who are you?"

Without thinking I said, "Oh, I'm probably just a daffodil, or maybe even a dandelion, but I sure love living in God's garden."

"Do not forget to entertain strangers, for by so doing some have unwittingly entertained angels." Hebrews 13:2. ☺



Hal Steenson is a part of 3ABN's pastoral staff and presenter of the program, *Heaven's Point of View*. Hal is married to Mollie Steenson, 3ABN's vice president.

Who's Getting the Blessing?

by Mitch Owen



We send approximately 2,200 e-mails to our 3ABN Prayer Warriors each week, and we appreciate each person who covenants with God to pray for the needs of those

who have posted a request on our website. We truly understand the time and dedication it takes to pray for a list of requests that may surpass 100 a week.



Mitch Owen takes calls in 3ABN's Pastoral Ministries Department. His passion is to be an effective Prayer Warrior and encourager. He enjoys writing and sharing about God's grace, and has been married to Karen-Lyn for over 25 years. They live in Thompsonville, Illinois.

In addition, our Pastoral Ministries Department receives and prays for over 1,200 callers each month! Almost every one shares how blessed they feel to have someone pray for their needs.

The Greater Blessing

Each of us feel God has called us to be prayer partners, and we count each prayer a privilege. We've all had the experience of a caller praying for us after we finish praying for them.

These gracious people pray for our families, for 3ABN's workers and volunteers, and for God's continued blessing on this ministry. We appreciate those who understand that we have trials, stresses, disappointments, and pains—just like everyone else. So who receives the greater blessing—the one who solicits our prayers, or those of us who receive an unsolicited, heart-generated prayer?

Our Staff Says

"Throughout my years in our Pastoral Ministries Department, a number of callers have actually become special friends,

although we've never met in person. My daughter has a long history of health issues, and these special callers often ask how she is doing before they share their own prayer requests. What a blessing!

"I remember the first time someone asked me if they could pray for me. I hesitated briefly, and said 'of course.' Then the Lord reminded me, *Don't rob them of their blessing to pray for you.*"

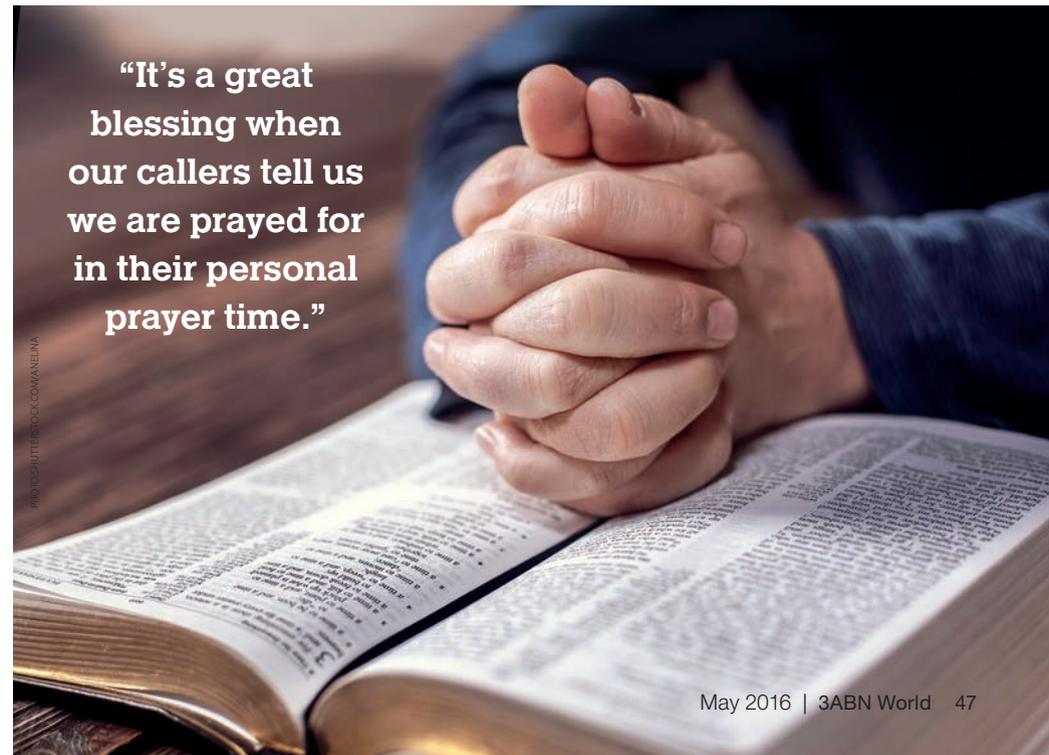
"The caller was in distress. She felt that calling 3ABN for a prayer on her behalf would help her deal with the struggles at hand. After a brief conversation describing her situation, I offered a brief prayer, asking God to respond to her request according to His merciful heart. But to

my surprise, as soon as I said Amen, she began to pray, thanking God for 3ABN, and for having someone to pray for her. What a blessing it was for me! Not only did God bless her through my prayer, He also blessed me through hers."

"It's a great blessing when our callers tell us we are prayed for in their personal prayer time. Every protective and empowering prayer said for this ministry is precious in the sight of God, and will surely be rewarded. Thank you for helping us keep up our guard against the fiery darts of the adversary."

Sign up to be a Prayer Warrior! Visit 3abn.tv, click on the "Pastoral" link at top, then scroll down and click on the "Join Our Prayer Warrior Team" link. ☺

"It's a great blessing when our callers tell us we are prayed for in their personal prayer time."





True Justice for the Defenseless

by Dr. R. Dean Davis

The Lord takes
over by producing
incontestable visible
effects of guiltiness,
or no effects at all.



In Numbers 5:11–31, we find the Lord giving little-known and seemingly strange instructions to Israel on how to deal with cases of a jealous husband who suspects his wife of adultery.

In such situations, the wife has no means of defending herself, because the whole process of judgment is in the hands of men. Since the woman does not have equal status with her husband, she will be judged guilty on the *suspicion* of her husband. The weight of shame, guilt, and trial will rest squarely upon her. However, the Lord elaborates a process that results in true justice for such cases.

Guilty and Not Guilty

Two different situations are given. The first is when a wife is unfaithful, but there are no witnesses or evidence of wrongdoing. The other is when a wife has remained faithful, but her husband becomes suspicious and jealous, despite the lack of proof.

In mercy to the woman, the husband is instructed to bring her to the priest with a grain offering that consisted of one-tenth of an ephad of barley meal (approximately two quarts).

Barley meal is a coarse food used only by the poor, and in this case is indicative of the coarseness and grossness of the possible sin. No oil or frankincense is to be added to the offering, since this is a very serious matter and not a festive occasion, when both would be added.

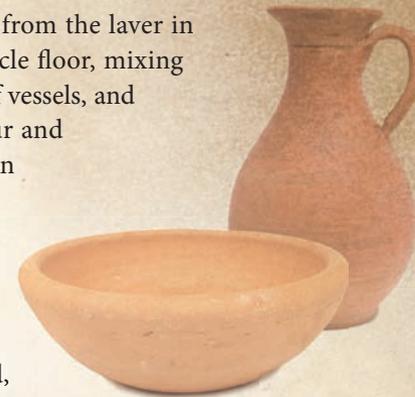
The Waters of Bitterness

The priest uses water that is probably taken from the laver in the courtyard, and adds dust from the tabernacle floor, mixing both in an earthen vessel. This is the cheapest of vessels, and again corresponds to the coarseness of the flour and grossness of the sin. The literal Hebrew translation for this mixture is the “waters of bitterness,” yet such a small amount of dust probably does not give it a bitter flavor. Instead, it is more likely an indication that, for a guilty person, there will be bitter results.

The priest stands the woman before the Lord, uncovers her head as a sign of shame, and places the grain offering in her hand. He holds the holy water in his hand, then places her under oath saying that if she is innocent, nothing negative will happen; but if guilty, the Lord will make her a curse among her people and cause her thigh to waste away and her abdomen to swell. The woman says, “Amen, so be it.”

The priest writes the curses on a scroll, then washes or scrapes them off into the water and gives it to the woman to drink. The grain offering is then waved before the Lord and taken to the altar, where a portion is burned. Finally, the Lord takes over by producing incontestable visible effects of guiltiness, or no effects at all—clearly passing a verdict of innocence.

Ultimately, the Lord has brought the trial of this accused woman to His supreme court, and brought real justice to both the guilty and innocent. He has shamed man’s injustice in the earthly legal system, while elevating the status of women with true justice. ☪



Dr. R. Dean Davis is a retired theology professor who writes from South Lancaster, Massachusetts. His son, Bobby Davis, is the managing editor for 3ABN World.



PHOTOS: SHUTTERSTOCK.COM @BAT92, ZURBETA, RICHARD PETERSON, HINTAU/ALAMY

3ABN MAILBOX

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Letters and other materials sent to 3ABN November be used in whole or in part, and edited for content, grammar, and readability, unless otherwise requested.

Braceville, Illinois: “Several months ago, I came upon 3ABN. I’ve been a born again Christian since 1986, and had never heard of the Seventh-day Adventists. I was deeply moved by the apparent and ardent devotion, and your deep study of Scripture. Ever since then, I have been blessed by hours of your programming. There are many disadvantages to working the second shift, and one is what is available on television at that time. When I came upon 3ABN, I was so very thankful to view wholesome, uplifting, and encouraging programs. You have blessed me very much by keeping me company through the lonely hours of the morning.”

Deming, New Mexico: “I try to live within my monthly income, as far as possible, and some months I have a little left, and others, I don’t. But I promised the Lord that for the next three months, if there was a plus at month’s end, I would send it to 3ABN. Praise the Lord. I am sending the balance in my checking account to 3ABN. I know He owns everything, so I’m claiming His promises!”

From a prisoner in North Carolina: “I had been searching for the source of real love and peace in churches that used the Bible to keep me interested. But it wasn’t until I found the truth, based on a solid foun-

ation of the prophets and the testimony of Jesus Christ that I began to experience the grace and mercy of God’s love through His sacrifice. Thank you for all of your selfless service. May you all have a blessed and victorious year.”

Cambria Heights, New York: “My mother and I have been truly blessed by your programming. Although we are not Seventh-day Adventists, we are born again in Christ Jesus, and profess His saving grace.”

From a viewer in Russia to our 3ABN Russia staff: “Thank you for your ministry! Your programs are very interesting and profound! One day my three kids and I listened to your *Misha’s and Masha’s Adventures* program, and we liked it very much! We would like to listen to that program again, but have not been unable to find it anywhere since then. Please help us to find this program, as well as other Christian programs like it. All we know is that your network is called ‘Three Angels.’ Thank you!”

Atlanta, Georgia: “My brother and I are the only ones remaining of our immediate family, and during the past year, when we talked, I noticed a calmness in his voice, and the words of peace and praise in his conversations. He told me he had

found a station called 3ABN, and that he listened to it 95 percent of the time. We were able to talk about topics that he’d learned about on your station, and when he became ill and they asked about his denomination in the hospital, he said he was a Seventh-day Adventist. The pastor of a local Adventist church was called and he came quickly, prayed with him, and brought him to Jesus! My brother passed away the next day. Thank God for 3ABN!”

A viewer in Nicaragua to our 3ABN Latino staff: “3ABN Latino has been such a blessing for my life, I live in Nicaragua, and attend an evangelical church. But through 3ABN Latino, I’ve discovered many biblical truths. I have a real battle going on inside me, because I have a great desire to worship in a Seventh-day Adventist church, however, for the last five years of my life, I’ve cried out to my Lord Jesus for spiritual restoration in my husband’s life. Then, two months ago, his brother suffered an accident, and to this day is still in

the hospital, recuperating. Miraculously, he did not lose his foot, and this difficult circumstance has humbled my husband’s heart. Now he has returned to church, but my desire to change churches is stronger than ever. Please pray for our family, so we can make this decision together. May God greatly bless this ministry and every person who works in it.”

EMPLOYMENT OPPORTUNITIES AT 3ABN

3ABN is looking for a Motion Graphics Artist proficient in Photoshop, and able to use software like After Effects to build complex layered composites. Study in design, color theory, typography, and drawing from a reputable art program—or a strong portfolio that demonstrates these qualifications clearly—is required. Experience in 3D animation using Maya or Cinema 4D is a plus.

Please submit résumé and demo reel to:
Human Resources—3ABN
PO Box 220
West Frankfort, IL 62896
E-mail: mail@3abn.org

“What is this you have in your hand?”

If you’d like to donate something, please contact Bruce or Tammy Chance at (618) 627-4651, or e-mail tammy.chance@3abn.org. All gifts are U.S. tax-deductible.

Although we appreciate your support, please call us before you ship anything, since we cannot accept bedding, old books (except special editions), very high-mileage vehicles, and many other items. Thank you for your generosity!

Another way to support 3ABN—our eBay® store: giftshop.3abn.org

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