

May 2022

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3ABN WORLD MAGAZINE

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PRESIDENT'S LETTER | Greg Morikone



Dear 3ABN Family,

I heard a gasp and a loud bang. “Wow, that was close!” my dad exclaimed. I remember looking in amazement at the damage to my parents’ vehicle. We had come within inches of a head-on collision with another car. It was so close that the driver’s side mirrors on both cars had hit and broken—but nothing else. Just a matter of inches made a big difference in our lives!



Seemingly small decisions and small moments in life can make a huge difference in our future and in the lives of many others—even the world. I think about Mr. Danny Shelton and the impression he had from God to start 3ABN over 37 years ago. Danny had two choices—“yes” or “no.” And he said “Yes, Lord,” even though he knew nothing about how to build a television network. Danny stepped out in faith, and what an impact 3ABN has had on our world because of that one decision.

I want to thank all of you who, through the years, have been impressed by the Holy Spirit to support 3ABN and our God-given commission to evangelize. Recently we opened a letter from a dear supporter who had wrapped a \$1 bill in paper to keep it safe. She wanted it to go for evangelism!

There is no question in my mind that this lady’s dollar, given in faith for the Lord’s work, will make a tremendous difference in the lives of many. She gave what she could!

Each time you support this ministry with your prayers and finances, the difference is incredible.

Greg Morikone
3ABN President

THANK YOU
for the difference
you’ve made.

IT'S LIKE FINDING HIDDEN TREASURE!



3ABN has brought you sermons by some of the world's best camp meeting speakers—and now you can enjoy them all again! Just use your camera to scan this QR code with your mobile device, and discover a treasure trove of inspiration!



focus on **GOD**

by Bobby Davis

3ABN'S VIRTUAL SUMMER CAMP MEETING

Our 3ABN President, Greg Morikone, began this year's Day of Prayer by urging us to look at God, recognizing the miraculous ways He has always provided for this ministry. And as Shelley Quinn sat in that meeting, she felt impressed to jot down her thoughts. Later, when she presented them to 3ABN's executive committee, it was clear that the Lord had not only revealed our 3ABN Summer Camp Meeting theme, but also the messages we needed to hear!

AN INTIMATE RELATIONSHIP

Our world is suffering from a devastating global pandemic, as well as from the economic and political battles raging around us. Just as Peter walked on water but quickly sank when he took his eyes off Jesus, we sink into despair when we take our eyes off God—our Provider and Protector. He longs to calm our fears, just as a father calms his child with soothing words as he holds them tight. We are all in need of that trusting and intimate relationship with our Heavenly Father, and these camp meeting messages will focus our attention on the One who loves us the most!

VIRTUAL CAMP MEETING

Our 3ABN Virtual Summer Camp Meeting will air from May 31 through June 4 on 3ABN. There will be *no in-person audience*; however, we are eagerly looking into the possibility of seeing you in person for 3ABN's Homecoming Camp Meeting later this fall!

3ABN President, Greg Morikone, says, "This is 3ABN's year to 'Look at God.' I'm looking forward to this camp meeting as an opportunity to pause and refocus our attention on our heavenly Father as we see Him working in our lives. The biblical messages will enable us to see our God more clearly!"

Jill Morikone, 3ABN's Vice President/COO adds, "There are so many diversions in life, so many things to distract us from our passion and purpose. That's why we've chosen to 'Focus on God' during this camp meeting. The entire experience explores who our God is—and what He can do in our hearts and lives! So please join us in praying now for the outpouring of the Holy Spirit on this event, and tune in for a blessing!"



PHOTOS: SVETLANA CHRISTIAN, DAVE SHERWIN, AND SUPPLIED

Greg Morikone Jill Morikone Danny Shelton Yvonne Shelton Ryan Day John Dinzey
John Lomacang Tim Parton Shelley Quinn James Rafferty Kenny Shelton
Mark Finley Jay Gallimore Christopher Hudson C.A. Murray Cami Oetman David Shin

SUMMER CAMP MEETING SCHEDULE

For more information, visit 3ABNCampMeeting.org.
Watch it on 3ABNPlus.tv!

TUESDAY, MAY 31

- 6:00 p.m. *Welcome and Music*
- 7:00 p.m. *The Personality of Our Heavenly Father* - David Shin
- 8:00 p.m. *The Power of God* - Ryan Day

WEDNESDAY, JUNE 1

- 6:00 p.m. *Welcome and Music*
- 7:00 p.m. *The Paradise of God* - James Rafferty
- 8:00 p.m. *God's Plan of Salvation* - Jay Gallimore

THURSDAY, JUNE 2

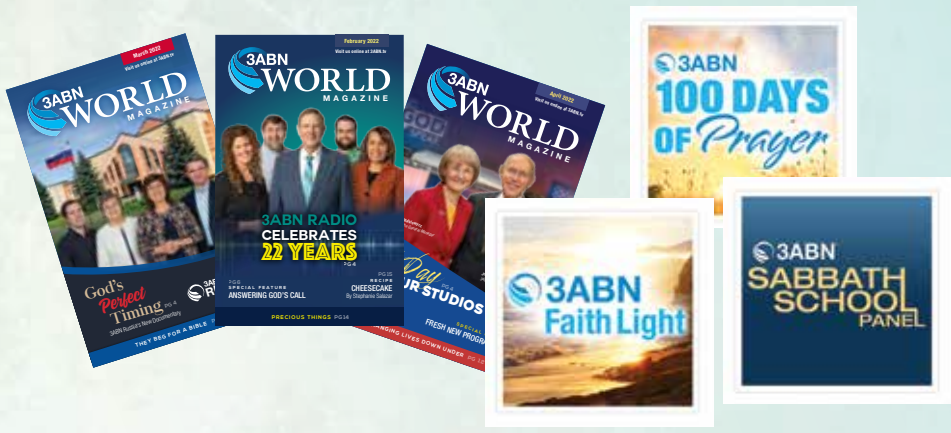
- 6:00 p.m. *Welcome and Music*
- 7:00 p.m. *God, the Promise Maker and Keeper* Mark Finley
- 8:00 p.m. *God, Our Provider and Protector* C. A. Murray

FRIDAY, JUNE 3

- 6:00 p.m. *Welcome and Music*
- 7:00 p.m. *God, Our Peace* - Kenny Shelton
- 8:00 p.m. *The Presence of God* - Shelley Quinn

SATURDAY, JUNE 4

- 9:00 a.m. *3ABN Sabbath School Panel*
- 10:30 a.m. *Divine Worship Service* Danny Shelton
- 2:00 p.m. *God's Passion for Righteousness* Jill Morikone
- 3:00 p.m. *The Patience of God* - Cami Oetman
- 6:00 p.m. *God's Sure Word of Prophecy* Christopher Hudson
- 7:00 p.m. *God, the Perfector of Our Faith* John Lomacang
- 8:00 p.m. *Afterglow*



STAYING CONNECTED MANY WAYS TO STAY IN TOUCH

During the recent difficult years, most of us have gone to great lengths to stay connected with family. We've shared our lives through video links, writing letters, and sending emails, pictures, and texts. Since you are family and important to us, we want to stay in touch – encouraging your faith, and reminding you that we need each other in good times and bad.

Here are a few of the ways 3ABN connects with you:

THROUGH PRINT



Our 3ABN World magazine is the most obvious way we stay in touch. Each month we provide you a fresh schedule of 3ABN programs, inform you about new series and live events, introduce you to our workers, and give you up-close looks at our networks and departments. In addition, we pack in letters and testimonies, health and recipe articles, and ways you can help us spread the gospel of Jesus Christ! Visit 3ABN.tv to sign up for your free subscription to 3ABN World maga-

zine, or to download PDF versions from our archives. Tell your friends about 3ABN World magazine and let the printed page carry the message of hope and salvation.

THROUGH EMAIL



If you like the idea of having inspiration delivered to your inbox every day, then 3ABN FaithLights are for you! These short devotionals will move and inspire you to stay a little closer to the Lord as you walk through your day. Each devotional features real stories and a Bible text to meditate on. In addition, we include a link to the recorded audio version just in case you're driving, or would rather hear it read to you, instead. Signing up is easy. Just visit 3ABN.tv and look for the FaithLight banner. Then start sharing them with your friends and family, too!

THROUGH OUR PODCASTS



Another wonderful way to stay connected with us is through podcasts on

our website! There you will find Bible studies, daily inspiration, and prayerful contemplation and music you can listen to at any time of day. Programs currently available are 3ABN's 100 Days of Prayer, 3ABN FaithLight devotionals, and a podcast version of the 3ABN Sabbath School Panel Bible studies. Just visit 3ABN.tv, click on the Podcast heading, and start listening today.

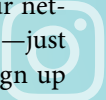
THROUGH OUR BLOG



We also invite you to stay connected to us through another source of encouragement for daily living called 3ABN Kindling. This weekly blog from 3ABN writers Risé Rafferty, Tim Parton, and J. D. Quinn, among others, covers topics ranging from health and wellness to addiction recovery, and from spiritual insights to simple everyday wisdom. In a conversational way, each writer shares experiences that have shaped their character, pointing to our Creator God and how we can rely on Him in every situation.

These articles will cause you to ponder and start conversations. They will encourage you to take action, too! Let 3ABN Kindling spark your spirit, then think of someone with whom you can share what you've learned. It's free and comes to your email box every Monday when you sign up at 3ABNkindling.org.

THROUGH SOCIAL MEDIA



One of the easiest ways to stay in touch is through social media, so we constantly post short clips on Facebook, Twitter, and Instagram to let you know about exciting new programs, and give you access to behind-the-scenes footage and spiritual encouragement, too. Nearly all our networks have social media accounts—just look for them on 3ABN.tv and sign up for notifications, too.

We want you to stay informed on what's going on at your 3ABN ministry, but the best reason for following us on social media is that it's a great way to share the gospel through digital evangelism!

All it takes is a click of a button to share a link to a life-changing message with family and friends—and you never know who will re-post a message, either!

We hope you stay in touch with us through one or all of these ways, but nothing brightens our day or motivates us more than a letter, an email, or a phone call from you!

Your prayers and support mean the world to us. We love you and we're so thankful that you've chosen to make us your family! ☺



MAY 2022 | 3ABN TV SCHEDULE

PT -2 hours • MT -1 hour • ET +1 hour **Red titles are changes effective this month.**
CC = CLOSED CAPTIONED **L** = LIVE PROGRAM **★** = NEW SERIES **↻** = REPEAT OF LIVE PROGRAM

SUNDAY CENTRAL TIME	
2:00a	Pillars of Faith CC 1hr
3:00	Featured Ministries CC
3:30	From Sickness to Health CC
4:00	House Calls CC 1hr
5:00	Digital Disconnect CC
5:30	Evolution Impossible CC
6:00	Body & Spirit Aerobics CC
6:30	Amazing Facts with Doug Batchelor CC
7:00	Amazing Adventures CC 1hr
8:00	3ABN Today CC 1hr
9:00	Your Favorites By Request CC
9:30	Adventures in Missions CC
10:00	3ABN Sabbath School Panel CC 1hr
11:00	3ABN Worship Hour CC 1hr
12:00p	Live to Be Well CC
12:30	Billy Blackwood & Friends CC
1:00	Revived by the Spirit 1hr
2:00	Body & Spirit CC
2:30	Tiny Tots Kitchen/Creation Is! Science CC
3:00	3ABN Today LIVE L 2hrs
5:00	The Carter Report CC 1hr
6:00	Jesus for Asia Now CC
6:30	Salvation in Symbols & Signs - Daniel CC
7:00	3ABN Sabbath School Panel CC 1hr
8:00	3ABN Today CC 1hr
9:00	Three Cosmic Messages: Earth's Final Conflict CC 1hr
10:00	Featured Ministries CC
10:30	Lineage CC
11:00	3ABN Today CC 1hr
12:00a	Secrets Unsealed Presents CC 1hr
1:00	Celebrating Life in Recovery CC 1hr

MONDAY CENTRAL TIME	
2:00a	Revelation of Hope CC 1hr
3:00	3ABN Homecoming CC 1hr
4:00	Table Talk CC 1hr
5:00	His Words Are Life/Grandma's House CC
5:30	Cook:30 CC
6:00	Body & Spirit CC
6:30	Pressing in to His Presence CC
7:00	Tiny Tots for Jesus CC
7:30	Jesus My Light / Creation Crafts CC
8:00	3ABN Today CC 1hr
9:00	House Calls CC 1hr
10:00	Free Indeed CC
10:30	Books of the Book CC
11:00	3ABN Sabbath School Panel CC 1hr
12:00p	Behold the Lamb Presents CC 1hr
1:00	Off the Grid CC
1:30	Abundant Living CC
2:00	Action 4 Life (Casio Jones) CC
2:30	Heaven's Point of View CC
3:00	3ABN Today CC 1hr
4:00	Kids Camp Kitchen Fun CC
4:30	Tiny Tots Kitchen/Tiny Tots Worship CC
5:00	ASAP Ministries CC
5:30	Your Favorites by Request CC
6:00	Country Wisdom CC
6:30	Salvation in Symbols & Signs - Revelation CC
7:00	Unlocking Bible Prophecy CC 1hr
8:00	3ABN Today CC 1hr
9:00	Spring Camp Meeting CC 1hr
10:00	The Carter Report CC 1hr
11:00	3ABN Today CC 1hr
12:00a	The Carter Report CC 1hr
1:00	Revived by the Spirit CC 1hr



3ABN's Virtual Summer Camp Meeting

Visit 3ABNCampMeeting.org for camp meeting schedules and information.

TUESDAY CENTRAL TIME	
2:00a	Optimize 4 Life CC
2:30	Mission TREK CC
3:00	Sanctuary, Salvation, & Our Savior CC
3:30	Authentic CC
4:00	New Perceptions CC 1hr
5:00	Salvation in Symbols & Signs - Revelation CC
5:30	Wonderfully Made CC
6:00	Body & Spirit Aerobics CC
6:30	The Heavens Declare CC
7:00	Tiny Tots for Jesus CC
7:30	Maranatha Mission Stories CC
8:00	3ABN Today LIVE L 2hrs
10:00	Piano Praise CC
10:30	Adventures in Missions CC
11:00	Featured Ministries CC
11:30	Exalting His Word CC
12:00p	Revelation's Ancient Discoveries CC 1hr
1:00	Digital Disconnect CC
1:30	Cook:30 CC
2:00	Body & Spirit CC
2:30	Unshackled Purpose/Intimate Clarity CC
3:00	3ABN Today CC 1hr
4:00	Bible Gems / Bible Buzz CC
4:30	The Creation Case CC
5:00	Evolution Impossible CC
5:30	Multitude of Counselors CC
6:00	Mission 360 CC
6:30	The Incomparable Jesus CC
7:00	Secrets Unsealed Presents CC 1hr
8:00	3ABN Today CC 1hr
9:00	Behold the Lamb Presents CC 1hr
10:00	Amazing Facts with Doug Batchelor CC
10:30	The Creator Revealed CC
11:00	3ABN Today CC 1hr
12:00a	Raw Questions Relevant Answers/Intimate Clarity CC
12:30	Jesus For Asia Now CC
1:00	Free Indeed CC
1:30	The Creator Revealed CC

WEDNESDAY CENTRAL TIME	
2:00a	Kenneth Cox Ministries CC 1hr
3:00	Three Cosmic Messages: Earth's Final Conflict CC
4:00	Spring Camp Meeting CC 1hr
5:00	White Horse Media CC
5:30	HeartLift CC
6:00	Body & Spirit CC
6:30	It Is Written CC
7:00	Amazing Facts with Doug Batchelor CC
7:30	It Is Written Canada CC
8:00	3ABN Today CC 1hr
9:00	Grace Pipeline CC
9:30	Thunder in the Holy Land CC
10:00	3ABN Australia Homecoming CC 1hr
11:00	The Carter Report CC 1hr
12:00p	Celebrating Life in Recovery CC 1hr
1:00	Lineage CC
1:30	Abundant Living CC
2:00	Action 4 Life CC
2:30	Perfecting Me CC
3:00	3ABN Today CC 1hr
4:00	Sing Along / Bible Treasures CC
4:30	Tiny Tots Kitchen/Tiny Tots Worship CC
5:00	3ABN Sabbath School Panel CC 1hr
6:00	Sanctuary, Salvation, & Our Savior CC
6:30	Salvation in Symbols & Signs - Revelation CC
7:00	A Sharper Focus L 1hr
8:00	3ABN Today CC 1hr
9:00	Amazing Facts with Doug Batchelor CC
9:30	Digital Disconnect CC
10:00	It Is Written CC
10:30	Adventist World Radio CC
11:00	3ABN Today CC 1hr
12:00a	Unlocking Bible Prophecy L 1hr
1:00	Lineage CC
1:30	Unshackled Purpose/Raw Questions Relevant Answers CC



3ABN—Always There, Easy to Share!

Scan the QR code with your smartphone to quickly donate to 3ABN with PayPal.



THURSDAY CENTRAL TIME	
2:00a	Laymen Ministries CC
2:30	Maranatha Mission Stories CC
3:00	Revelation's Ancient Discoveries CC 1hr
4:00	The Carter Report CC 1hr
5:00	Discover CC 1hr
6:00	Body & Spirit Aerobics CC
6:30	Jesus for Asia Now CC
7:00	Kids Camp Kitchen Fun CC
7:30	Tiny Tots Kitchen /Tiny Tots Worship CC
8:00	3ABN Today CC 1hr
9:00	ASI Conventions CC 1hr
10:00	From Sickness to Health CC
10:30	Mission Trek CC
11:00	God's Last Message to the World CC 1hr
12:00p	Ultimate Prescription CC
12:30	Multitude of Counselors CC
1:00	The Heavens Declare CC
1:30	Amazing Facts with Doug Batchelor CC
2:00	Body & Spirit CC
2:30	Contending for the Faith CC
3:00	3ABN Today CC 1hr
4:00	Creation Crafts / Creation Is! Science CC
4:30	The Creation Case CC
5:00	3ABN Homecoming CC 1hr
6:00	The Carter Report CC 1hr
7:00	Sabbath School Study Hour CC 1hr
8:00	3ABN Today LIVE 2hrs
10:00	Kenneth Cox Ministries CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Table Talk CC 1hr
1:00	3ABN Today LIVE 2hrs

FRIDAY CENTRAL TIME	
3:00	Battles of Faith CC
3:30	Live to Be Well
4:00	The Incomparable Jesus CC
4:30	Action 4 Life CC
5:00	Sabbath School Study Hour CC 1hr
6:00	Body & Spirit CC
6:30	Contending for the Faith CC
7:00	Amazing Adventures CC 1hr
8:00	3ABN Today CC 1hr
9:00	Optimize 4 Life CC 1hr
9:30	Cook:30
10:00	Secrets to Wellness CC
10:30	Life After Choice / Divine Design CC
11:00	Thompsonville Worship Hour CC 1hr
12:00p	Daniel All Access CC 1hr
1:00	Behold the Lamb Presents CC 1hr
2:00	Billy Blackwood & Friends CC
2:30	HeartLift CC
3:00	3ABN Today CC 1hr
4:00	A Day With the King CC
4:30	Sing Along / Jesus My Light CC
5:00	Featured Ministries CC
5:30	Your Favorites By Request CC
6:00	Jesus for Asia Now CC
6:30	Salvation in Symbols & Signs - Revelation CC
7:00	3ABN Sabbath School Panel CC 1hr
8:00	3ABN Today Family Worship CC 1hr
9:00	It is Written CC
9:30	Maranatha Mission Stories CC
10:00	Mission 360 CC
10:30	Hope in Motion / Pause to Pray CC
11:00	3ABN Today Family Worship CC 1hr
12:00a	ASI Conventions CC 1hr
1:00	Breath of Life CC
1:30	Thunder in the Holy Land CC

Urgent Messages

for a Lost and Dying World

SATURDAY CENTRAL TIME	
2:00a	Praise! CC
2:30	It Is Written CC
3:00	Daniel All Access CC 1hr
4:00	Revelation Now CC 1hr
5:00	Revelation Insights CC 1hr
6:00	Amazing Facts with Doug Batchelor CC
6:30	Tiny Tots for Jesus CC
7:00	Bible Gems / Bible Buzz CC
7:30	Sing Along / Bible Treasures CC
8:00	3ABN Today CC 1hr
9:00	3ABN Sabbath School Panel CC 1hr
10:00	3ABN Worship Hour CC 1hr
11:00	Revived by the Spirit CC 1hr
12:00p	Sabbath School Study Hour CC 1hr
1:00	New Perceptions CC 1hr
2:00	Kids Praise Too! CC
2:30	Adventist World Radio
3:00	3ABN Today CC 1hr
4:00	Maranatha Mission Stories CC
4:30	Hope in Motion / Pause to Pray CC
5:00	Breath of Life CC
5:30	Authentic CC
6:00	Laymen Ministries CC
6:30	Unshackled Purpose/Raw Questions Relevant Answers CC
7:00	Spring Camp Meeting 1hr CC
8:00	3ABN Today CC 1hr
9:00	White Horse Media
9:30	Salvation in Symbols and Signs - Daniel CC
10:00	Table Talk CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Discover CC 1hr
1:00	Anchors of Truth CC 1hr

In the final showdown between good and evil, each of us must choose sides. *The Three Angels' Messages In Summary* clearly outlines the call to worship the true God, abandon false forms of worship, and choose whom we will follow.

Here's your chance to inform family, friends, and neighbors of the grand opportunity to prepare for the return of Jesus! Join us in getting this message of the saving grace of Christ to the world.

CASE \$60.00* USD (BTTAMC)
Shipping cost included in the Continental United States Only



*Suggested Donation

“Let them do good, that they be rich in good works, ready to give, willing to share.” 1 Timothy 6:18

TO ORDER, USE THE ENVELOPE ATTACHED, VISIT 3ABNSTORE.COM, OR CALL 618-627-4651



Revived *and* Restored

For over 37 years, Three Angels Broadcasting Network's mission has been to reach the world with the good news of salvation through Jesus Christ. However, over the years, the Lord has expanded it from a television network into a radio, music, and publishing ministry, too.

We're delighted how the printed word reaches millions of readers, reviving their faith and restoring them to a close relationship with the Lord.

Here are a few of the letters and emails we've received that tell how 3ABN's publishing ministry has touched their lives.

3ABN World Magazine

Manny, who is incarcerated, sent us a donation, saying, "I was reading this month's 3ABN World magazine and saw that 3ABN Latino was being broadcast in Puerto Rico. I have family there, so I'd like to help you reach as many people on the island as possible. I pray that this will help spread the Word of our Lord and Savior

to everyone who receives the broadcast. May God bless you, always."

Ten Commandments Booklet

James emailed saying, "Back in the 2000s, a book called *Ten Commandments Twice Removed* was left on my porch. Indirectly, I became a Seventh-day Adventist because of that outreach program."

Joseph, in Madisonville, Tennessee, also read that 3ABN book and wrote, "I read *Ten Commandments Twice Removed* and because of it I am now a Sabbath keeper.... God brought you into my life so I would know the truth. God bless you!"

Three Angels' Messages

Theresa, in Orange City, Florida, wrote, "We're so glad to be involved with a ministry like 3ABN where miracles do happen. We made a promise to the Lord to support this ministry, and we are happy to do so. I was thrilled to hear about your *Three Angels' Messages in Summary* booklets!

I am anxious to receive my box so I can distribute them to my neighbors!"

Prayer Makes a Difference

Otis emailed, saying, "A few weeks ago, you offered a free magazine called, *Prayer Makes a Difference* by Pastor Mark Finley. I live in the United Kingdom, so I fully expected to receive a digital download, if anything at all. But to my pleasant surprise, I received a physical magazine the very day before I was to lead out in a day of prayer and fasting at my church. I'm so grateful to your ministry for letting the Spirit lead you in sending me this resource. I believe that it served to strengthen my already strong conviction that God is calling me to start an intercessory prayer ministry to lift up the needs of my church and community. Please pray for me as I pray for you."

Daniel also enjoyed it, and sent us an email saying, "Praise the Lord, I give my heartfelt thanks to God for changing my life after a few weeks of reading Pastor Mark Finley's magazine, *Prayer Makes a Difference*. This magazine was sent to me by 3ABN's Pastoral Department and it has deepened my prayer communication with God. Today I intercede for at least five people a day."

Spiritual Vigilantes

Ray, who lives in West Valley City, Utah, wrote us saying, "The books written through the guidance of the Holy Spirit have been a blessing to me and 200 others. Three weeks ago I ordered two cases of *Spiritual Vigilantes*—200 books in all—and the wind has blown them away into the community and successfully started breaking the stony hearts of those eager to know the truth. I will continue to order *Spiritual Vigilantes* and *Ten Com-*

mandments Twice Removed. My goal is to distribute 10,000 books to help deliver the souls of men."

COVID-19 What's Next?

At the beginning of the global pandemic, Gloria from Bronx, New York, wrote, "I have been watching your station for many years. I've also handed out an entire box of *Spiritual Vigilantes*, so when the idea came up about zip code mailings for your *After COVID-19 What's Next* booklet, I said to myself, 'Get onboard!'"

"My goal is to distribute 10,000 books to help deliver the souls of men."

Roberta, who lives in Loma Linda, California, wrote: "Please send me ten *After COVID-19 What's Next?* booklets to share with my family and friends. I am 102 years old and in assisted living. I'm also deaf, but I can hear TV with headphones and I can see, so I read and watch TV a lot, especially 3ABN. I didn't plan to live this long, so my friends are gone, but I'm looking forward to the Second Coming of Jesus, my dearest Friend. I hope He comes soon.... Please pray for me that I will be strong and faithful."

Our hearts are touched by your heartfelt prayers and support. You make it possible for us to use the power of the press to reach millions of searching souls and introduce them to Jesus Christ! ☺

A Passion for Souls

3ABN in Trinidad & Tobago



Rodney Reynold first watched 3ABN when his church downlinked Pastor Dwight Nelson's NeXt Millennium (Net '98) series in Port of Spain, the capitol city of Trinidad & Tobago. Later on, he was moved by Danny Shelton's passion and love of mission when Danny visited Trinidad, inspiring Rodney to join others in building a campaign to get 3ABN in his country.

Soon, over 20,000 requests for 3ABN flooded the local cable provider, who promised to add this new channel as soon as they upgraded to digital cable. And in the early 2000s, 3ABN became available in Trinidad and Tobago!

"3ABN is now available on ten cable companies in our nation," he beams, "and when Greg and Jill Morikone and other 3ABN leaders visited us in 2020, the outpouring of love from our people was so great that every venue was packed!"



PHOTO: RODNEY REYNOLD

The distribution of books has been a major focus, and Rodney reports that 110,000 free copies of *Ten Commandments Twice Removed*, 50,000 copies of *Spiritual Vigilante* books, and countless boxes of free food have been distributed by an army of volunteers. Soon, they plan to give away 300,000 copies of *Focus on Truth* booklets, too! Additional funds will help increase literature distribution and expand 3ABN's reach through marketing materials that raise awareness of our Christ-centered programming. So please pray for 3ABN Trinidad & Tobago, and prayerfully consider supporting their evangelistic efforts by visiting 3ABN.tv and clicking on the Donate button #394 - Trinidad & Tobago.



PHOTO: SVETLANA CHRISTIAN

For more information about 3ABN Trinidad & Tobago, or to contact Rodney directly, please visit TT3ABN.tv.

(Top): Overflow crowds packed churches when 3ABN visited Trinidad & Tobago in 2020.
 (Middle:) Volunteers pass out thousands of *Ten Commandments Twice Removed*.
 (Bottom): Rodney Reynold, 3ABN's representative in Trinidad & Tobago.



Be sure to earmark your donation
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Breadcrumbing

by Risë Rafferty

"Think of chickens... you drop little breadcrumbs for them to follow."

Breadcrumbing is the act of leading someone on, but ultimately disappointing them. It involves taking another down a path that wouldn't have been chosen, had there not been little enticements along the way. Think of chickens you want back in their cage; to lead them there, you drop little breadcrumbs for them to follow.

Breadcrumbing typically refers to dysfunction in romantic relationships, but can be applicable in work and business scenarios as well. Ulterior motives stage the breadcrumb dropping with lack of meaningful follow-through. We don't always recognize what's happening—at least initially—because, well... the buttered bread tastes so good!

Breadcrumbing might even be the first tactic used by the serpent to deceive Eve, taking her down a path that she may have initially thought through and decided against. God's command to not eat from this tree had instructed her to set up boundaries, to possess control of appetite, and to look to God to empower her will. The self-sacrifice of not eating from the tree was a gesture of love and loyalty to God. But all these weakened as she gobbled up the breadcrumbs.

The enemy is still throwing breadcrumbs in front of us. The sight and smell of them are often enough to lead us to literally eat things we know are not for our best good. We giddily gobble on, believing the lie that we will not surely die—at least not today—and the call for sacrifice becomes quieter and quieter.

Food is information that programs what direction our health will take. It has the potential of driving up inflammation or of putting it out. It can incite cellular stress or calm it down. It can overload your body with additional toxicants or support healthy detox. It can deplete you or keep you energized. It can turn on disease-promoting genes or silence them. Instead of picking up the crumbs, identify them as decoys luring you in the wrong direction, imposters of what you really want.

Remember that our will is weak and yielding; but united to the omnipotent will of God, we can conquer appetite. We have a Savior who overcame the breadcrumb temptation in the wilderness, and His victory is ours. ☺



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