

December 2022

Visit us online at 3ABN.tv

3ABN WORLD MAGAZINE



Ryan Day
3ABN Praise Him Music Network
General Manager

THE FUTURE IS BRIGHT

Ryan Day is Praise Him's
new General Manager!

PG 4

PG 6

SPECIAL FEATURE

A CHARITABLE HEART

What will we give Jesus this year?

4 NEWS & EVENTS
The Future is Bright
Ryan Day is Praise Him's new GM!

6 SPECIAL FEATURE
A Charitable Heart
What will we give Jesus this year?

8 3ABN TV SCHEDULE

12 CHANGED LIVES
Music to God's Ears
Our praises make Him happy!

14 HOW CAN I HELP?
Something Special
A gift of support

15 3ABN RECIPES
Orange-Cranberry Sauce
By Carin Lynch



Vol. 17 #208
December 2022

Executive Editor: Jill Morikone
Managing Editor: Bobby Davis
Creative Director: Adam Dean
Graphic Designers: Janelle Owen, Svetlana Christian
Photographer: Svetlana Christian
Proofreaders: Lynette Jaque, Valerie Morikone, Kiersten Poling, J.D. Quinn

3ABN World is a monthly publication. Subscriptions are free and available in the United States. Overseas subscriptions by request. ISSN 1552-4140

Subscriptions & Feedback

To subscribe, change your subscription, or send us feedback, please contact us in the following ways:

By phone: 618-627-4651 Sun-Fri 8:00 a.m.-11:00 p.m. (CT)

By mail: 3ABN Call Center / Attn: Subscriber Services / Feedback, P.O. Box 220, West Frankfort, IL 62896-0220

By email: 3abnworld@3abn.org or online at 3ABN.tv

Copyright © 2022, Three Angels Broadcasting Network, Inc. Three Angels Broadcasting Network (3ABN) is a 501(c)(3) nonprofit company. 3ABN is not owned by any person or organization, but is governed, instead, by a board of directors who work very hard behind the scenes to ensure we stay true to our mission and reach people of all cultures and backgrounds. The biblical truths presented on 3ABN are consistent with the teachings of the Seventh-day Adventist Church. All donations are tax-deductible in the United States. Scripture is taken from the New King James Version® unless otherwise noted. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved. All photos courtesy of Shutterstock.com unless otherwise noted. Cover Image: Svetlana Christian

618-627-4651    
3ABN.TV | 3ABNSTORE.COM

PRESIDENT'S LETTER | Greg Morikone



Dear 3ABN Family,
Here we are at the end of 2022, and what an amazing year it has been! We praise God for seeing us through. Our world is in chaos, but we know that 3ABN is here for such a time as this to spread truth, hope, and encouragement!

3ABN continues to go forward, and the Lord has blessed as we grow and expand our reach into the world. We continue to sign new and renewed contracts with cable and radio stations, internet-based platforms, and major media companies that want to distribute 3ABN.

The work of 3ABN Latino in Cuba continues to expand as we hire Bible workers and someone to answer phone calls from those who have questions about the truths they are learning.

At press time, we are signing a contract to have 3ABN carried on a major TV network throughout the United Kingdom—including most hotels there. This is a tremendous opportunity!

In addition, 3ABN will be available in three more major world languages—Chinese, Arabic, and Hindi—in 2023! We are so excited about this opportunity, too.

We know you love evangelism as much as we do, and that you're always looking for ways to share and study with others, so we want to tell you about something brand-new that we're working on: 3ABN's own set of 14 Bible Study Guides! This new evangelistic tool will be available in the first part of next year.

We can go on and on about all the areas where 3ABN is expanding and growing—including the thousands of testimonies of individuals changed for eternity because of what they have learned on 3ABN. Praise God! And none of this would be possible without the Lord—and you, because 3ABN is 100 percent supported by our viewers and listeners.

Thank you for being part of our family and standing with this ministry so faithfully with your prayers and support!

Greg Morikone
3ABN President



Enjoy our holiday specials on 3ABN+
and celebrate the birth of our Savior!



<https://bit.ly/3ABNHolidayMusic>

“And she will bring forth a Son, and you shall call His name Jesus, for He will save His people from their sins.”

MATTHEW 1:21



THE FUTURE IS BRIGHT

by Bobby Davis

Ryan Day is Praise Him's new General Manager!

As 3ABN Praise Him Music Network approaches its fourth anniversary, we praise God for how He's blessed this amazing network. We also had the chance to talk to its new general manager, Ryan Day, and learned more about him and future plans for the network.

God Set Things Up

Ryan's passion for singing and evangelism brought him to 3ABN and he began his work here as Tim Parton's assistant.

"We worked together for two years, and I loved it," he says, "but then 3ABN's management approached me with the idea of building a Bible Answers database, and I began splitting my time between Praise Him and 3ABN's Pastoral Department. Eventually, I worked there full time, focusing on our callers' Bible questions, and writing answers to the most frequently asked ones for a new website. In addition, I began hosting *3ABN Today Bible Q & A* programs, joined the *3ABN Sabbath School Panel* team, and recorded more music for the networks; so it's been

a full and eventful two-and-a-half years! Meanwhile, my wife Stephanie was working as a teacher at the Thompsonville Christian Junior Academy, but when the COVID-19 pandemic began, her life became very stressful."

Stephanie agrees. "It's fair to say that the challenges brought on by the pandemic took a toll on my health," she says, "and over the course of those two years, we determined that I needed to do something less stressful. So I resigned at the end of 2021, planning to take a few months off. However, recovery took longer than I expected, but the Lord is faithful, and we managed to live on just one salary."

A New Opportunity

Somewhere around that time, Ryan began feeling that maybe God wanted him to do something else. "I'm not an office person," he admits, "and although I love talking to people on the phone, I missed the chance to do evangelism and music on a regular basis. However, I didn't ask

management if there was anything else I could do, so I was completely surprised when 3ABN's Vice President/COO Jill Morikone called me in one day and asked, 'Ryan, is there anything else you would like to do—or sense the Lord wants you to do—here?'

"I was floored, but when I found my voice, I told her I'd been asking the Lord about that very thing. 'Since you asked, I'd love to work with the Praise Him Music Network again,' I said. 'My heart has always been with Praise Him.' Then I went on to share some ideas and thoughts that had been on my mind since Tim had left.

"Soon after 3ABN's administration team met, they offered me the position of Praise Him Music Network Manager. Jill also mentioned that she knew my wife was not working, and asked if I thought she might consider coming to 3ABN, too!"

Stephanie had slowly regained her health, and had wondered if she should go back to school for an accounting or business degree. "Then came this opportunity to work at 3ABN with my husband as the network's administrative assistant, and I realized God had arranged it all!" she says. "I'm no stranger to paperwork and organization, and now I can work with him, even when he's on the road!"

Special Thanks

Ryan is quick to note the amazing dedication of Tim Parton and his administrative assistant, Rachael Younkin, who replaced him when he transitioned to Pastoral. "I saw how Rachael organized and stayed on top of things. She took it to another level, and we launched several new programs because of her. Praise Him would not be what it is today without her.

"And then there's Tim Parton. I can't thank him enough! Not only did he start Praise Him, but he also got us to where we are today. I cannot possibly fill his shoes!

"Stephanie and I are both excited to get started. We've already scheduled some new guests, and we're submitting new program ideas for next year. However, we're keeping all our viewer's favorites, and Tim has already agreed to come back for a new season of *Your Favorites By Request!* We plan to launch a brand-new flagship

"Yes, the future is bright, and with God's blessings, the Praise Him Music Channel will continue to grow..."

program for the network soon, and we're looking at programs that will appeal to a younger audience. 3ABN has music for kids all the way up to their mid-teens, but not much for those between 15 and 30—the very age group that studies indicate are leaving the church in large numbers. So we'll create programs that appeal to them without compromising our integrity and our beliefs as a church—and we'll ask them to host them, too! In addition, we'll continue searching for new talent at our Adventist colleges and universities, and I'm constantly looking for well-known artists who are willing to share their songs with our audience—just as Tim did during all the years he was with us.

"Yes, the future *is* bright, and with God's blessings, the Praise Him Music Network will continue to grow and bless our viewers and listeners around the world! Please pray for us, and know that we want to hear from each and every one of you!" ☺



A Charitable Heart

As Christmas approaches, the world turns its attention to how Jesus came into our world as a helpless baby.

Jesus, the Savior of the world, was born in the most humble of places—in a barn, among the animals! He did this to give hope to the poorest human being. His self-denial, self-sacrifice, and suffering brought Him within reach of all humanity; and although He was born in a most lowly place, the mighty angels of Heaven bowed before Him. His story still holds the world in fascination, and we have the privilege of telling them about Jesus while their minds and hearts are curious about why the Almighty God of Heaven would humble Himself this way.

Precious Gifts

The wise men found their way to Jesus and brought Him their most precious gifts, leaving us the example of what we ought to do. Jesus should be the focus of our adoration and the receiver of our gifts. He is the One who should be honored at this time of year with our praise and our most treasured gifts. Instead, many of us have long turned our attention to giving lavish gifts to each other. In doing so, our minds often turn

away from the Source of all our blessings, and Jesus is quite forgotten. But our efforts this year can be redirected to Him, instead of trying to please one another.

A Charitable Heart

Our gifts can be directed toward the support of missionary work or to help the poor, who are suffering and needy. In response to those gifts, our King will say, “...inasmuch as you did it to one of the least of these My brethren, you did it to Me.” Matthew 25:40.

Another way we can give to Him is by supporting ministries that are bringing the good news about our Savior to millions around the world and in distant lands.

Jeff Doerr, 3ABN Director of Planned Giving and Trust Services, says, “Normally, people think that the most important thing someone needs to take part in planned giving is money. But they are wrong. The most important need in planned giving is a *heart of charitable giving*—because if one doesn’t have charitable intent, when the economy fluctuates, they become concerned about how much money they have, or are losing. However, those who *do* have that heart are confident in the Lord that He will continue to bless until the work is finished!

3ABN’s Planned Giving and Trust Services Team (L to R): Nancy O’Brien, Charletta Doerr, Jeff Doerr, Tracey Ridenour.

“I truly believe that the charitable intent is key, because why are you and I working with 3ABN if not to bring souls to the Lord and to be good servants?”

A Gift to Jesus

Jeff continues. “I am so honored to meet the most precious souls who want to use their resources to give others the opportunity to meet Jesus through 3ABN. My wife Charletta and I just met with an 87-year-old lady who lost her husband this year. They lived an extremely modest life, always tithed and supported their church, and witnessed to everyone around them. But now she’s coming to the end of her years and wants to make sure that what they’ve done continues to be useful to the Lord.

“It’s so precious when we meet someone who has so much of a heart for others. And it’s really very humbling, too, because for most people I’ve dealt with in this world, it’s all about what their return will be. However, all this lady wants to see as a reward is more people accepting Jesus. That’s such a total switch from what I’ve been accustomed to in business.

“I think of another lady who had intended to give some of her real estate to 3ABN. However, she passed away before she could accomplish that. Her family just called, and said that although she didn’t get it done, they want to fulfil their mother’s wishes, and that really surprised me,” Jeff says. “It just reinforced how the Lord is in charge of this ministry, and how He impresses people to be the stewards that we are supposed to be.

“There are several people who may need to transition to assisted living, but their children may not live close by. They can transfer money to their cash trust, and

we can pay the bills for them, so that their children don’t need to worry about taking care of those bills. We have paid for one lady’s care for many years, eliminating the worry for the family.

“I’ve been to Oregon, Wyoming, Missouri, California, and Iowa in the last few weeks, settling people’s estates. The Lord is impressing people to work with us, but the decision has to be between them and the Lord.



“It’s so precious when we meet someone who has so much of a heart for others.”

“Working with 3ABN in this capacity has been a whole new chapter of life for Charletta and me,” Jeff adds. “We want to be open to hear and be receptive to the Lord’s instructions. Yesterday, we met with one of these precious souls and sat at her kitchen table for six hours, sharing and reminiscing. It was so refreshing. We get to know each other, and we find out what’s really important to them. I’ve always told people, ‘It’s your decision. We want the best for your family.’

“We’re the Lord’s servants, and trying to help is our goal. Your gifts are really gifts to Jesus, and without you, nothing can happen.

“All of us are forever grateful for your support of this ministry,” Jeff concludes. “Our sincere wish for you is that this Christmas be the best one you’ve ever enjoyed because you brought your gift to Jesus and gave your all to the One who gave His all for you!” ☺

DECEMBER 2022 | 3ABN TV SCHEDULE

PT -2 hours • MT -1 hour • ET +1 hour **Red titles are changes effective this month.**
CC = CLOSED CAPTIONED **L** = LIVE PROGRAM **★** = NEW SERIES **↻** = REPEAT OF LIVE PROGRAM

SUNDAY CENTRAL TIME	
2:00a	Pillars of Faith CC 1hr
3:00	Featured Ministries CC
3:30	From Sickness to Health CC
4:00	House Calls CC 1hr
5:00	Digital Disconnect CC
5:30	Evolution Impossible CC
6:00	Body & Spirit Aerobics CC
6:30	Amazing Facts with Doug Batchelor CC
7:00	Amazing Adventures CC 1hr
8:00	3ABN Today CC 1hr
9:00	Your Favorites By Request CC
9:30	Adventures in Missions CC
10:00	3ABN Sabbath School Panel CC 1hr
11:00	3ABN Worship Hour CC 1hr
12:00p	Live to Be Well CC
12:30	Timeless Healing Insights CC
1:00	Mark Finley Presents 1hr
2:00	Body & Spirit CC
2:30	Kids X-Press / Creation Is! Science CC
3:00	3ABN Today LIVE ↻ 2hrs
5:00	The Carter Report CC 1hr
6:00	Jesus for Asia Now CC
6:30	Salvation in Symbols & Signs - Daniel CC
7:00	3ABN Sabbath School Panel CC 1hr
8:00	3ABN Today CC 1hr
9:00	Three Cosmic Messages: Earth's Final Conflict CC 1hr
10:00	Strategies for Strongholds CC
10:30	Lineage CC
11:00	3ABN Today CC 1hr
12:00a	Secrets Unsealed Presents CC 1hr
1:00	Celebrating Life in Recovery CC 1hr

MONDAY CENTRAL TIME	
2:00a	Revelation of Hope CC 1hr
3:00	3ABN Homecoming CC 1hr
4:00	Table Talk CC 1hr
5:00	His Words Are Life/Grandma's House CC
5:30	Cook:30 CC
6:00	Body & Spirit CC
6:30	Pressing in to His Presence CC
7:00	Tiny Tots for Jesus CC
7:30	Jesus My Light / Creation Crafts CC
8:00	3ABN Today CC 1hr
9:00	House Calls CC 1hr
10:00	Free Indeed CC
10:30	Books of the Book CC
11:00	3ABN Sabbath School Panel CC 1hr
12:00p	Behold the Lamb Presents CC 1hr
1:00	Off the Grid CC
1:30	Abundant Living CC
2:00	Action 4 Life (Casio Jones) CC
2:30	Heaven's Point of View CC
3:00	3ABN Today CC 1hr
4:00	Kids Camp Kitchen Fun CC
4:30	Tiny Tots Kitchen/Tiny Tots Worship CC
5:00	ASAP Ministries CC
5:30	Your Favorites by Request CC
6:00	IIW Sabbath School CC
6:30	Salvation in Symbols & Signs - Revelation CC
7:00	Unlocking Bible Prophecy CC 1hr
8:00	3ABN Today CC 1hr
9:00	Summer Camp Meeting CC 1hr
10:00	The Carter Report CC 1hr
11:00	3ABN Today CC 1hr
12:00a	The Carter Report CC 1hr
1:00	Mark Finley Presents CC 1hr



BREAK FORTH

Watch the GYC Convention
 December 28 - January 1 on 3ABN

TUESDAY CENTRAL TIME	
2:00a	Optimize 4 Life CC
2:30	Mission TREK CC
3:00	Sanctuary, Salvation, & Our Savior CC
3:30	Authentic CC
4:00	New Perceptions CC 1hr
5:00	Salvation in Symbols & Signs - Revelation CC
5:30	Wonderfully Made CC
6:00	Body & Spirit Aerobics CC
6:30	The Heavens Declare CC
7:00	Tiny Tots for Jesus CC
7:30	Maranatha Mission Stories CC
8:00	3ABN Today LIVE ↻ 2hrs
10:00	Piano Praise CC
10:30	Adventures in Missions CC
11:00	Featured Ministries CC
11:30	Exalting His Word CC
12:00p	Revelation's Ancient Discoveries CC 1hr
1:00	Digital Disconnect CC
1:30	Cook:30 CC
2:00	Body & Spirit CC
2:30	Unshackled Purpose/Intimate Clarity CC
3:00	3ABN Today CC 1hr
4:00	Bible Gems / Bible Buzz CC
4:30	Kids X-Press / Bible Treasures CC
5:00	Evolution Impossible CC
5:30	The Incomparable Jesus CC
6:00	Mission 360 CC
6:30	Timeless Healing Insights CC
7:00	Secrets Unsealed Presents CC 1hr
8:00	3ABN Today CC 1hr
9:00	Behold the Lamb Presents CC 1hr
10:00	Amazing Facts with Doug Batchelor CC
10:30	The Creator Revealed CC
11:00	3ABN Today CC 1hr
12:00a	Featured Ministries CC
12:30	Jesus For Asia Now CC
1:00	Free Indeed CC
1:30	The Creator Revealed CC

WEDNESDAY CENTRAL TIME	
2:00a	Kenneth Cox Ministries CC 1hr
3:00	Three Cosmic Messages: Earth's Final Conflict CC
4:00	Summer Camp Meeting CC 1hr
5:00	White Horse Media CC
5:30	HeartLift CC
6:00	Body & Spirit CC
6:30	It Is Written CC
7:00	Amazing Facts with Doug Batchelor CC
7:30	It Is Written Canada CC
8:00	3ABN Today CC 1hr
9:00	Grace Pipeline CC
9:30	Thunder in the Holy Land CC
10:00	3ABN Australia Homecoming CC 1hr
11:00	The Carter Report CC 1hr
12:00p	Celebrating Life in Recovery CC 1hr
1:00	Lineage CC
1:30	Abundant Living CC
2:00	Action 4 Life CC
2:30	Perfecting Me CC
3:00	3ABN Today CC 1hr
4:00	Sing Along / Bible Treasures CC
4:30	Tiny Tots Kitchen/Tiny Tots Worship CC
5:00	3ABN Homecoming CC 1hr
6:00	Sanctuary, Salvation, & Our Savior CC
6:30	Salvation in Symbols & Signs - Revelation CC
7:00	A Sharper Focus L 1hr
8:00	3ABN Today CC 1hr
9:00	Amazing Facts with Doug Batchelor CC
9:30	Digital Disconnect CC
10:00	It Is Written CC
10:30	Adventist World Radio CC
11:00	3ABN Today CC 1hr
12:00a	Billy Blackwood and Friends ↻ 1hr
1:00	Lineage CC
1:30	Unshackled Purpose/Raw Questions Relevant Answers CC

We can reach her—because you care.

Scan the QR code with your smartphone to quickly donate to 3ABN with PayPal.



THURSDAY CENTRAL TIME

- 2:00a Laymen Ministries **CC**
- 2:30 Maranatha Mission Stories **CC**
- 3:00 Revelation's Ancient Discoveries **CC 1hr**
- 4:00 The Carter Report **CC 1hr**
- 5:00 Discover **CC 1hr**
- 6:00 Body & Spirit Aerobics **CC**
- 6:30 Jesus for Asia Now **CC**
- 7:00 Kids Camp Kitchen Fun **CC**
- 7:30 Tiny Tots Kitchen /Tiny Tots Worship **CC**
- 8:00 3ABN Today **CC 1hr**
- 9:00 ASI Conventions **CC 1hr**
- 10:00 From Sickness to Health **CC**
- 10:30 Mission Trek **CC**
- 11:00 God's Last Message to the World **CC 1hr**
- 12:00p Ultimate Prescription **CC**
- 12:30 Multitude of Counselors **CC**
- 1:00 The Heavens Declare **CC**
- 1:30 Amazing Facts with Doug Batchelor **CC**
- 2:00 Body & Spirit **CC**
- 2:30 Country Wisdom **CC**
- 3:00 3ABN Today **CC 1hr**
- 4:00 Creation Crafts / Creation Is! Science **CC**
- 4:30 The Creation Case **CC**
- 5:00 Sabbath School Panel **CC 1hr**
- 6:00 The Carter Report **CC 1hr**
- 7:00 Bible Answers Live **CC 1hr**
- 8:00 3ABN Today LIVE **2hrs**
- 10:00 Kenneth Cox Ministries **CC 1hr**
- 11:00 3ABN Today **CC 1hr**
- 12:00a Table Talk **CC 1hr**
- 1:00 3ABN Today LIVE **2hrs**

FRIDAY CENTRAL TIME

- 3:00 Strategies for Strongholds **CC**
- 3:30 Live to Be Well
- 4:00 The Incomparable Jesus **CC**
- 4:30 Action 4 Life **CC**
- 5:00 Multitude of Counselors **CC**
- 5:30 Ultimate Prescription
- 6:00 Body & Spirit **CC**
- 6:30 Contending for the Faith **CC**
- 7:00 Amazing Adventures **CC 1hr**
- 8:00 3ABN Today **CC 1hr**
- 9:00 Optimize 4 Life **CC 1hr**
- 9:30 Cook:30
- 10:00 Secrets to Wellness **CC**
- 10:30 Life After Choice / Divine Design **CC**
- 11:00 Thompsonville Worship Hour **CC 1hr**
- 12:00p Daniel All Access **CC 1hr**
- 1:00 Behold the Lamb Presents **CC 1hr**
- 2:00 Raw Questions Relevant Answers/Journeys **CC**
- 2:30 HeartLift **CC**
- 3:00 3ABN Today **CC 1hr**
- 4:00 A Day With the King **CC**
- 4:30 Sing Along / Jesus My Light **CC**
- 5:00 Featured Ministries **CC**
- 5:30 Your Favorites By Request **CC**
- 6:00 Jesus for Asia Now **CC**
- 6:30 Salvation in Symbols & Signs - Revelation **CC**
- 7:00 3ABN Sabbath School Panel **CC 1hr**
- 8:00 3ABN Today Family Worship **CC 1hr**
- 9:00 It is Written **CC**
- 9:30 Maranatha Mission Stories **CC**
- 10:00 Mission 360 **CC**
- 10:30 Hope in Motion / Pause to Pray **CC**
- 11:00 3ABN Today Family Worship **CC 1hr**
- 12:00a ASI Conventions **CC 1hr**
- 1:00 Breath of Life **CC**
- 1:30 Thunder in the Holy Land **CC**

SATURDAY CENTRAL TIME

- 2:00a Praise! **CC**
- 2:30 It Is Written **CC**
- 3:00 Daniel All Access **CC 1hr**
- 4:00 Revelation Now **CC 1hr**
- 5:00 Revelation Insights **CC 1hr**
- 6:00 Amazing Facts with Doug Batchelor **CC**
- 6:30 Tiny Tots for Jesus **CC**
- 7:00 Sing Along / Bible Gems **CC**
- 7:30 IIW Sabbath School **CC**
- 8:00 3ABN Today **CC 1hr**
- 9:00 3ABN Sabbath School Panel **CC 1hr**
- 10:00 3ABN Worship Hour **CC 1hr**
- 11:00 Mark Finley Presents **CC 1hr**
- 12:00p Bible Answers Live **CC 1hr**
- 1:00 New Perceptions **CC 1hr**
- 2:00 Kids Praise Too! **CC**
- 2:30 Adventist World Radio
- 3:00 3ABN Today **CC 1hr**
- 4:00 Maranatha Mission Stories **CC**
- 4:30 Hope in Motion / Pause to Pray **CC**
- 5:00 Breath of Life **CC**
- 5:30 Authentic **CC**
- 6:00 Laymen Ministries **CC**
- 6:30 Unshackled Purpose/Journeys **CC**
- 7:00 Summer Camp Meeting **1hr CC**
- 8:00 3ABN Today **CC 1hr**
- 9:00 White Horse Media
- 9:30 Salvation in Symbols and Signs - Daniel **CC**
- 10:00 Table Talk **CC 1hr**
- 11:00 3ABN Today **CC 1hr**
- 12:00a Discover **CC 1hr**
- 1:00 Anchors of Truth **CC 1hr**

PHOTOS: SVETLANA CHRISTIAN



Christmas Specials

We're bringing you the beautiful sounds of Christmas with many of your favorite 3ABN Family musicians throughout the month of December on *3ABN Today*. Don't miss Danny & Yvonne Shelton, Tim Parton, The Lesters, Reggie & Ladye Love Smith, Aunt Francine and the 3ABN Kids Network singers, The Burchfield Brothers, John Stoddart, Allison Speer, and many others!

Check out the schedule at 3ABN.tv.





Music TO GOD'S EARS

There is no doubt that our praises are like music to God's ears. There's a beautiful story in the Bible in 2 Chronicles 5 that perfectly describes His reaction, when the ark of the covenant was brought into Solomon's gleaming new temple. As the Levite priests placed the ark into the Most Holy Place, a host of priests outside began to sing and play their cymbals, stringed instruments, and harps. Another 120 priests with trumpets joined in, and the Bible says they began to make one mighty sound, praising and thanking the Lord, singing, "For He is good, for His mercy endures forever."

What a thrilling sound that must have been, but the story continues, saying that the temple "...was filled with a cloud, so that the priests could not continue ministering because of the cloud; for the glory of the Lord filled the house of God."

How precious are the praises of God's people. And how good of you to take the time to let us know how 3ABN has touched your life through music and song.

BLESSED BY BEAUTIFUL MUSIC

Many of you love to sing along with the music! **John and Beverly** in Poplar Bluff, Missouri, write, "Dear 3ABN, we have really enjoyed all the great Christmas programs by Fountainview Academy, as well as all your other musical projects. Tim Parton and Ryan Day have made such beautiful music! We love the sing-alongs.... The new sets are beautiful, and the programs are a blessing. Thank you for all your hard work in presenting the truth."

TOUCHED AND STRENGTHENED

Others, like **Nancy**, are touched by a particular song. Recently, she emailed us, saying, "What got me interested in watching 3ABN regularly was a music program in which Tim Parton and Ryan Day were singing together. I was touched by Tim's rendition of 'Your Awesome Letter for Me.' From the first note to the last, I was transfixed. His sincerity just permeates out through the airwaves. Please extend my thanks to him for sharing his gifts, both in accompanying the many 3ABN singers, and for his vocal gift."



3ABN Praise Him Music Network is privileged to bring you many talented and well-known musicians. (L to R): Tim Parton, Ryan Day, Billy Blackwood, Gene McDonald, Marietta Webster, Lanny Wolfe, and Lori Carrouthers, along with our entire 3ABN Musical Family, have dedicated their lives to sharing the love of Jesus with others, and we're so blessed by their ministry.

And then there's **Barbara**, who writes from Pontiac, Illinois, saying, "You've changed my life. I watch every day and it gives me strength to go on since losing my husband. I'm so happy just to hear your voices. I consider you my family."

Yes, we can join with David in saying, "It is good to give thanks to the Lord, and to sing praises to Your name, O Most High." Psalm 92:1. When we're feeling down, how often have we recalled a long-forgotten song or hymn we learned in childhood, and as we sing it, our despair is miraculously replaced with new hope and courage!

SHORT AND SWEET

We hear from many of our Praise Him viewers via social media. Their comments may be short, but they certainly are sweet music to our ears, because they let us know they're being blessed!

Jennifer says, "My life has not been the same after discovering 3ABN Praise Him Music Network. Could I please request, 'I'd Rather Have Jesus?'" And **Alfredo** writes, "Thank you for the blessing of music through your songs; I love to sing along and listen. Even as a baby, my mom said I could not sleep without a radio beside me, and as I grew up, the best songs were for God's glory! I'm praying for your ministry!"

Sylvia sent a note saying, "God bless you all for the beautiful music you have been providing. It's a blessing to always hear and be a part of this family of God. Please keep the fire burning." **Barbara** shares, "I've thoroughly enjoyed the music and worship brought to us through 3ABN Praise Him Music Network. Thank you so much! Christian music is so much of my life."

Cheyenne tells us, "I was really struggling over my Mom's recent passing and just happened to click on this video. I've truly been comforted. Praise to God and thanks to my 3ABN family." And finally, **Alyes** sent us a comment saying, "God led me here... and I am smiling from the programs' beginning to end. I can't wait to tell my friends about 3ABN! Thank you, and God's power and blessings to you!"

Jesus is coming soon, and music has its part in proclaiming the three angels' messages of Revelation 14. Each song on 3ABN's Praise Him Music Network points to our Creator through inspired words and music, every minute of every day.

Thank you for all you do for this ministry, and we look forward to doing even more for our Lord—and for those who still don't know Him. ☺

Something Special

Christmas is a special time of year when the whole world turns its attention to the birth of Christ. What better way to show your love with a gift that also helps 3ABN's ministry spread the good news throughout the world? Here are a few samples of the many gifts you will find on 3ABNStore.com:



3ABN PULL OVER OR ZIPPER HOODIE

A great way to tell others of 3ABN's ministry! Includes the 3ABN logo embroidered on the front, and our website printed on the back. HOODIE-P (pull over) HOODIE-Z (zipper) SM-XL \$45.00. Call for pricing on larger sizes and color options *Suggested Donation*

ORCHESTRAL PRAISE: AN ORCHESTRAL JOURNEY OF MAJESTIC WORSHIP & PRAISE CD

Arranged and orchestrated by Grammy award winner David Clydesdale, and recorded with the City of Prague Philharmonic Orchestra, these beautiful melodies will make your heart soar with praise to our Almighty God! **3ABN047-2 \$15.00** *Suggested Donation*



KIDS NETWORK GINGER PLUSH DOG

Ginger is a plush stuffed animal that's ready to be loved by a child of any age. This soft and cuddly dog is just the right size for young kids to travel or sleep with, and a great reminder of God's wonderful animal creations! **KNDOG \$15.00** *Suggested Donation*

MESSAGES OF HOPE AND COMFORT BOOK

As you marvel at God's beautiful Creation and read His powerful promises, you will find comfort and strength in knowing that our Heavenly Father cares about you, and that He will never let you face your trials alone! **BSPB \$30.00** *Suggested Donation*



SWEET AND DELICIOUS Orange-Cranberry Sauce

BY CARIN LYNCH

INGREDIENTS

- 12 oz package of cranberries
- ½ cup raw blue agave nectar or honey (or ⅓ cup stevia powder)
- ¾ cup water
- zest of 2 oranges
- ½ tsp vanilla flavoring

DIRECTIONS

1. Combine all ingredients in a medium saucepan.
2. Bring to a boil, then reduce heat.
3. Simmer for 10 minutes until cranberries burst and mixture thickens.
4. Cool and enjoy.



Cranberries

According to Cranberries.org, cranberries contain proanthocyanidins, also known as PACs. These unique bioactive compounds are linked to a long list of health benefits that include:

- Reducing the incidences of certain infections
- Promoting heart health
- Protecting the urinary tract
- Decreasing inflammation associated with chronic disease and aging
- Supporting digestive health



Carin Lynch's cookbook, *Plant-Based Made Simple*, is available from AdventistBookCenter.com or Amazon.com.



For more great recipes visit 3ABNRecipes.org



Find this cooking video on 3ABNPlus.tv! Just look for "Holidays Made Simple" (TDYC200003)

TO ORDER, USE THE ENVELOPE ATTACHED, VISIT 3ABNSTORE.COM, OR CALL 618-627-4651



B R E A K F O R T H

GYC Convention - Live from Phoenix, Arizona

DECEMBER 28 - JANUARY 1 ON 3ABN

“Then your light shall break forth like the morning....” Isaiah 58:8

PHOTO: ADDIE WEESNER



PO Box 220 | 618-627-4651
West Frankfort, IL 62896 | 3ABN.tv

NONPROFIT
ORGANIZATION
U.S. POSTAGE
PAID
THREE ANGELS
BROADCASTING
NETWORK